

Antidepressants alter the behavior and physiology of C. elegans

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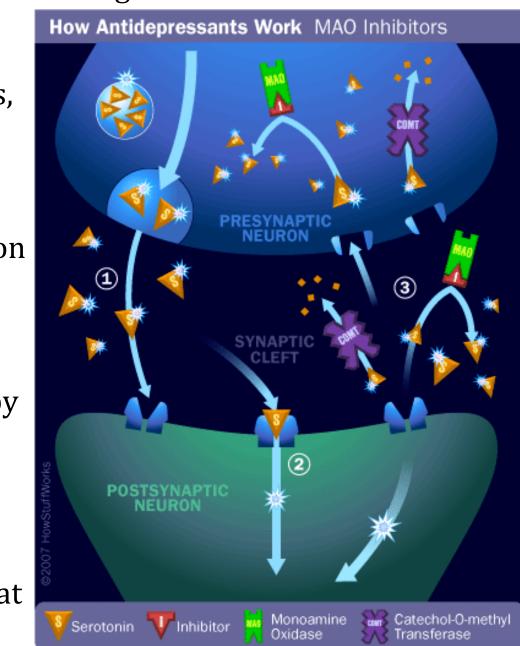


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Introduction

Depression affects 264 million people worldwide and is a pressing health crisis⁽¹⁾. Despite this, research regarding the physiology of depression and mechanisms behind antidepressants is lacking⁽²⁾. This study aims to provide insight into these mechanisms by studying the biological effects of one

antidepressant, selegiline, a monoamine oxidase inhibitor (MAOI), on *C. elegans*. MAOIs prevent degradation of monoamines, such as serotonin and dopamine, by inhibiting an enzyme called monoamine oxidase(3,4). However, the mechanisms through which MAOIs achieve this inhibition is largely unknown. This study investigates how egg-laying, thrashing, and lipid composition of *C. elegans* are affected by Selegiline. These functions are modulated by homologous neurotransmitter pathways in humans and in *C. elegans,* these same pathways are implicated in depression⁽⁵⁾. This research will help to define the pathways with which MAOIs interact to treat depressive symptoms.



Methodology **Thrashing Assay Egg-Laying Assay** Synchronized adult • Thrash = bend from midline WT worms on treated to outside NGM plate Thrashing recorded 30 Egg count per day minutes & 24 hours post selegiline exposure SAT SUN MON | TUE | WED | THU FRI \times \times \times \times **Lipid Assay** GC/MS relative analysis of lipid samples *HG plate w/ 5000 worms grown for 68 hours

Results Egg-Laying Assay: Altered Egg Laying Rate Observed for Selegiline Treated *C. elegans Fig. 1:* Egg laying assay results indicate that selegiline redistributes egg-laying production timeline in C. elegans such that the number of eggs laid on days 1 and 2 increased, $f(3,36) = 3.4, p = 0.028, \eta^2 = 0.22.$

Selegiline Treatment Results in Modified Thrashing in *C. elegans* 40

■30 minutes ■24 hours

Thrashing Assay:

Fig. 2: Thrashing assay results indicate that selegiline significantly decreased frequency of thrashes following acute exposure and normal thrashing was not regained for at least 24 hours, f(2,30) = 15.80, p < 0.001,

Acknowledgements

Selegiline

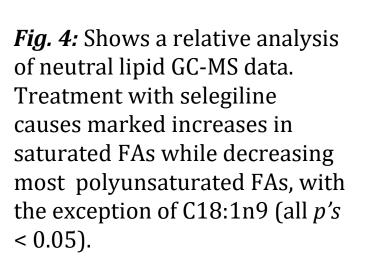
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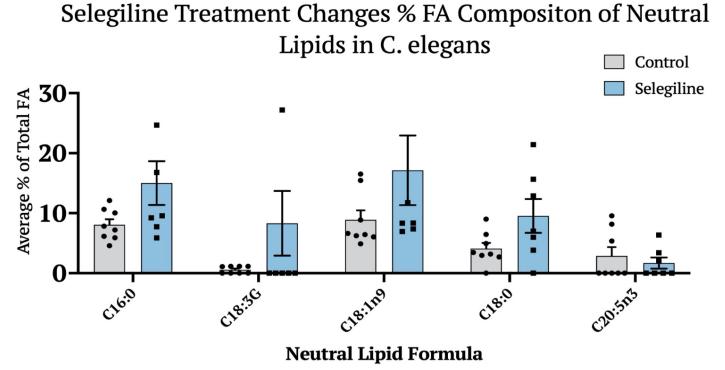
References

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Lipid Assay: Selegiline Treatment Changes % FA Compositon of Phospholipid in C. elegans Fig. 3: Relative analysis of Control phospholipid GC-MS data, Selegiline Independent means t-tests revealed that treatment with selegiline shows marked increases in saturated FAs while decreasing polyunsaturated FAs composition (all p's < 0.05).

Results Cont'd





Conclusions, Limitations, and Future Directions

Conclusions:

- (1) Increased egg laying rate and decreased thrashing indicates selegiline activates hermaphrodite specific motor neurons and VC motor neurons
- (2) Observed pattern of up/down regulation of lipids suggests possible FAT2 and FAT7 dysregulation

Limitations:

- (1) Stress and contamination seen in egg laying assay by day 5 causing worm death from over handling
- (2) High variability in lipid assay selegiline trials compared to control trials

Future Research:

To better understand the molecular pathways affected by selegiline....

- (1) Utilize FAT2 and FAT7 *C. elegans* mutants
- (2) VC circuit knockout
- (3) Dopamine/serotonin receptor mutants