

Database to Access Services in Massachusetts for ASD Adults Without an Intellectual Disability

A Major Qualifying Project to be submitted to the faculty of WORCESTER POLYTECHNIC INSTITUTE In partial fulfillment of the requirements for the Degree of Bachelor of Science

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Advisor: Mohamed Eltabakh October 13, 2021

Abstract

Many adults on the autism spectrum without intellectual disabilities in Massachusetts have difficulties finding services to help them. There is a lack of awareness about such existing providers and where to look them up. People have trouble finding the resources easily due to the lack of a centralized system that has the information about all the existing services and their providers, all in one place. This project sets about creating a centralized database and web interface to unify all these resources. The project uses SQL and JavaScript, using MySQL to run the database with React.js and Node.js holding the client user interface.

Acknowledgments

I would like to thank my advisor Professor Mohamed Eltabakh for support and guidance throughout this project. Also, thank him and Sami Baral for teaching me new skills while developing this project. I also wish to thank Jeanne Hoerter, Marla Lucas, and the team at AANE for the inspiration for this database.

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1. Introduction

This project aimed to create a unified database of providers and services specific to adults on the autism spectrum without intellectual disabilities (ASD no ID) in Massachusetts. In 2014, the Massachusetts Autism Omnibus Act was passed to address the growing needs of people on the autism spectrum. AANE (Asperger/Autism Network), an organization that supports people on the autism spectrum, performed a survey to find out what services benefited adults with ASD no ID and what additional resources are needed. In 2019, AANE published their findings in *What Works: Meeting Needs and Improving Access to Services, Findings from the AANE Massachusetts Survey for Adults on the Autism Spectrum Without an Intellectual Disability*. [1] The inspiration of this project was the report's findings of the limited availability of knowledge about services and providers and that a unified database could make it easier to find them.

I wrote this project in SQL and JavaScript. The server manager, MySQL, had been used to handle the server back end, with Node.js handling the retrieval from the server and React.JS running the user interface. I researched a sizable sample of such services I was aware of to form my database architecture around and be used in my proof of concept. So far, the work's intent is a proof of concept in creating a working database framework that will hopefully be expanded in the future by other teams.

I did not have a partner for my MQP but received assistance to expand my skills and help me work through problems. Before starting the project, I had not taken a database class or knew the SQL programming language. I received a lot of support and guidance in learning databases, using React.JS and Node.js, and integrating them with a local database server from Professor Eltabakh and Sami Baral.

The following link has all the code associated with this project: <u>https://github.com/stephenlucas600/MQP-</u> <u>Project</u>

2. Background

2.1 Massachusetts Autism Omnibus Act

The Autism Omnibus Bill was passed into law in 2014. The bill focused on six crucial areas:

- MassHealth must cover medically necessary treatment for autistic children under 21 years, including Applied Behavior Analysis Therapy (ABA) and Augmentative and Alternative Communication (AAC).[3][4]
- Enabling adults on the autism spectrum to apply for Department of Development Services (DDS) programs and supports. Also, persons with Prader Willi Syndrome and Smith-Magenis syndrome.[3][4]
- To provide the opportunity for special education teachers to obtain additional education specific to autism is called an Autism Endorsement.[3][4]
- Instituting an *Achieving a Better Life Experience* (ABLE) account is a tax-free saving program that allows families to provide for disability-related expenses and save for their retirement.[3][4]
- The Department of Mental Health and Department of Development Services must implement a joint services plan between the two departments.[3][4]
- Requiring that the Autism Commission, which was initially set up to explore the needs of people on the Autism Spectrum in Massachusetts, be a permanent entity.[3][4]

This project will focus on accessing Department of Development Services (DDS) programs and supports for adults on the autism spectrum.

2.2 Findings from the AANE Massachusetts Survey for Adults on the Autism Spectrum Without an Intellectual Disability

In 2019, Asperger/Autism Network (AANE) conducted a survey published as What Works: Meeting Needs and Improving Access to Services, Findings from the AANE Massachusetts Survey for Adults on the Autism Spectrum Without an Intellectual Disability. Before passing the Massachusetts Autism Omnibus Act, adults with an IQ above 70 were ineligible to apply to the Department of Disability Services (DDS). The law expanded eligibility to more adults with autism regardless of their IQ. The criteria were determined based on substantial functional limitations in three or more major life areas; self-care, receptive and expressive language, learning, mobility, self-direction, independent living, and economic selfsufficiency or a person's ability to support themselves financially. This group was initially referred to as "Newly Eligible" and in 2019 "Eligible." [1]

The goal of the report's survey was that the specific needs of Adults with ASD no ID have not been fulfilled and improve the finding and obtaining relevant services. [1] The AANE report notes that many adults with ASD no ID can gain competitive employment and be economically self-sufficient when provided with appropriate support. [1] As well as "*build meaningful, connected lives, and empower them to maximize their strengths and participate in their communities.*" [1] The report stresses that with the right kind of support, many adults on the spectrum can be economically independent by finding and keeping competitive employment and living a self-sufficient life. In the long run, ongoing support will reduce overall costs to Massachusetts and benefit these adults and their families. [1]

The survey found that the surveyees' primary critical needs not being supported were related to employment, housing, mental health support, social / community engagement, and transportation. [1] The survey also found that this problem is often compounded by limited access to services. The "Key barriers are: lack of awareness; lack of state funding; difficulty navigating the system; the need for more flexible guidelines so that adults can choose the services they need; and lack of qualified service providers." [1]

2.3 AANE Survey Recommendations

There were many recommendations on expanding awareness of the Autism Omnibus Act and how to support adults with ASD no ID. This project focuses on fulfilling some proposals to raise awareness and navigate eligible families and adults about DDS and other related groups and networks. The main goal of this project is to create a foundation for a database of all Massachusetts agencies, providers, and their services. This database is a tool to reach out to providers (psychologists and psychiatrists), schools, parent groups, and autism agencies. They can search for services from public and private providers that can be found in one location. [1] The Figure below describes the most common examples of private and non-private service providers as listed in "What Works." [1]

Private and non-profit service providers:
Medical doctors
Mental health professionals
Pharmacies for medicine
Life / school / job coaches
Case management programs
Specialized employment agencies
Schools - classes (i.e., cooking, coding), vocational schools, colleges
Tutors
Physical therapists
Board Certified Behavioral Analysts (BCBA) / Applied Behavioral Analysis (ABA) therapists
Occupational therapists
Speech therapists
Support groups
Driving schools (sometimes adaptive)
Specialized community/recreational activities - e.g., Special Olympics
Independent living support - cleaning, shopping, adult companion
Respite care providers for caregivers of adults
Also, legal services were often needed to complete applications, create special needs trusts,
enforce disability rights, or resolve access to service issues.

Figure 1: Private and non-profit service providers

2.4 Specific Organizations selected in Development of the Database

At the start of the project and the testing, I picked organizations I was already familiar

Organization	Main Web Page	Service
AANE (Asperger/Autism Network)	https://www.aane.org/about-us/contact-us/	Coaching, Housing Support, Social Activities
Aspire Teen & Adult Programs: Massachusetts General Hospital	https://www.massgeneral.org/children/aspire/teen- adult/	Social Activities, College and Employment Support

with, then expanded the sample with online research. Organizations include:

Metro West Regional Transit Authority	https://www.mwrta.com/senior-and- disabled/senior-and-disabled	Transportation
MBTA The Ride	https://www.mbta.com/accessibility/the-ride	Transportation, Autism Awareness Training, Social Activities
TILL	https://www.tillinc.org/	Independent Living, Employment Skills
You're with Us!	https://www.yourewithus.org/	Social Activities, Autism Awareness Training
Northeast Arc	https://ne-arc.org/	Social Activities, College and Employment Support
Lifeworks	https://lifeworksarc.org/	Independent Living, Employment Support, Social Activities
Community Autism Resources	http://community-autism-resources.com/	College and Employment Support, Autism Awareness Training
Autism Resources Central	https://www.autismresourcecentral.org/	Independent Living
Autism Alliance	https://www.autismalliance.org/	Social Activities

Table 1: Organizations

3. Designing Database

The collection of data from the organizations allowed me to make assumptions about how to design the database. As a resource to streamline the services provided to include in the database, I focused on the AANE report, "*What Works: Meeting needs and improving access to services.*" The report identified the basis of the various disabilities, problems that occur due to them, services to support the deficits, and obstacles when accessing the services.

To design a database from scratch, I first needed to develop the steps in creating a wellstructured database—this time-consuming step of identifying and recording information the enduser would like to know. I started understanding the requirements by researching multiple websites of organizations that I was familiar with that provided services for adults with ASD. I then needed to expand my scope to include other organizations that provided the services shown in Figure 1. The next step was to deconstruct what properties of the organizations' websites offered into a database hierarchy as found in the following table, Table 2.

Database Table	Description
Organizations	Contains general information and main web address about the providing organization
Programs	Contains information about long-term programs offered by organizations to assist people on the autistic spectrum.
Contacts	Contains information on Contact information relating to organization and programs (i.e., email, address, phone number).
Programs_Contacts	Joining Table between Programs and Contacts table. Contains information on contacts connected to a given program
Services_Type_has_Programs	Joining Table between Services_Type and Programs table. Contains information on what type of Services a program provides.

Services_Type	Contains information on the different areas of service a program may provide.
Events	Contains information on events (i.e., an open invitation or signup party, get-togethers, game nights) and details (i.e., is it online, is it repeating, or one of the events, address).
Event_Dates	Information on the time(s) and Date(s) an event will occur.
Regions_has_Programs	Joining Table between Regions and Programs table. Contains information on given districts in Massachusetts a program is offered in (no region will be listed for a program if it is only online).
Regions	Contains Information on given districts in Massachusetts
Regions_Cities	Joining Table between Cities and Regions table.
Cities	Contains information on names and zip codes of cities, towns, villages, and census-designated places in Massachusetts

Table 2: Database Tables

3.1 Service Types and Examples

As expressed in the AANE Report [1], the kind of need-based support each program

provides was broken down and consolidated into six general categories identified as Service

Types. I obtained program examples from survey questions, survey responses, and

recommendations found in the report. Separating and identifying the Service Types, as seen in

Table 3 below, made it easier to search and sort the database by the end-user.

Service Types	Program Examples
Employment (including pre- employment support)- Obtaining and maintaining employment with an adequate living wage.	 Provide one-on-one assistance to obtain and maintain employment, Job coaching (on and offsite) Provide traditional job readiness support and placement services: Job exploration / job-seeking support (resume writing, interview skills)

	-Employment supports ongoing both employee and employer, specialized employment agencies. -Vocational schools/college classes (<i>cooking,</i> <i>coding</i>)
Housing and independent living - Provide skill development and direct supports for adults to live independently and offer physical housing options	-Ongoing support with independent living skills (cleaning, shopping, adult companion, manage aspects of daily living throughout their lifetime) -Low-income supportive housing -Group or residential home when more direct supports needed -Support with navigating the complex process of finding disabled and low-income housing -Housing and Urban Development (HUD) / subsidized apartment DMH housing
Mental Health Support (Health Care)	Department of Developmental Services (DDS) Massachusetts Rehabilitation Commission (MRC) Department of Mental Health (DMH) Board Certified Behavioral Analysts (BCBA) / Applied Behavioral Analysis (ABA) therapists
Social and Community Engagement	-Offer opportunities for social and community engagement -Direct coaching/mentors -Offer-in-person meetups and online platforms -Specialized community/recreational activities - e.g., Special Olympics
Transportation	-Provide transportation assistance as needed -The Ride -Transportation reimbursement stipends for a ride -Share app services -Driving schools (<i>sometimes adaptive</i>)
Other Needs	-Family Support. -Respite care providers for caregivers of adults. -Safe and Healthy Intimate Relationships. -Criminal Justice.

 Table 3: Service Types and Program Examples.

3.2 Database Assumptions and Creation

The multiple-step process of creating a database started with the basic assumptions of needing one table for the organizations, one for programs, and another for the physical and digital contact information. As I expanded my list of organizations, I also expanded what

information would be available to the end-user, including adding events and a tag to identify which services a program provides. The final step is to turn the written statements into an Entity Relation (ER) Model, as seen in Figure 2. The final assumptions about the database were:

- Every Organization's table entry has a unique Organization_ID, an
 Organization_NAME, a Website_Link, a Description, and one or more
 Office Contacts.
- Every Organization provides multiple Programs. Each Program has the following attributes: Unique Program_ID, a Program_NAME, its primary Program_Website_Link, an Organization_ID linked to the Organization table, one or more Office Contacts, a Description, and whether the Provider is a public, private, or an insured service.
- Each Program can have multiple social events. Each Event has the following attributes: a Unique Event_ID, Event_NAME, IS_Online,

IS_Repeating, Address, Description, and a Program_ID linking it to the Programs table,

- Each Event has multiple Event_Dates with the following attributes:
 Start_Date, End_Date, and an Event_ID to connect it to an Events table entry.
- Every Contact has a unique Contacts_ID and may have a Title, Address, Email, Phone_Number, and an Organization_ID to link to the entry it's connected to in the Organizations table.
- A Contact is connected to one Organization, but an Organizations and Program can have multiple Contacts, and contacts can belong to multiple programs.

- The Programs_Contacts possess Program_ID and Contacts_ID to connect Programs with the Contact table.
- Each Service has a Service_Type_ID, Service_Type_NAME, and a Description.
- Each Organization provides multiple Services, and each Program may involve several of these Services. A Program entry of a given Program_ID can have one or more services, and one or more Programs can have the same services entry of a given Service Type ID.
- Each Program is part of one or more Regions. Each Region has a Region_ID and Region NAME.
- Program entry of a given Program_ID is joined with one or more Regions, and one or more Programs can join a Regions entry of a given Region ID.
- Each Cities Entry has a City_NAME, a State_NAME (should be all Massachusetts [MA]), and a ZIP_CODE. Cities Entries can have the same name but different zip codes.
- Each Region of a given Region_ID has every Cities Entry that falls at least partly under its jurisdiction, and every Cities Entry of a given City_NAME can be part of multiple Regions.



Figure 2: Database Entity Relation Model (ER)

As seen in Figure 2 above, the ER model gave me a visual perspective of the entity relationships and where to reduce redundancies. I found the flowchart process very helpful in communicating with my advisor and expanding the project's scope. For the most part, my initial assumptions were adequate, but after applying the MySQL software and adding data entries, I needed to make a few changes to optimize the tables. For example, while writing the queries, I realized that the dates in Events entries were not normalized, repeating values unnecessarily like the Event's name when it would be more memory efficient for the Event's dates to be separated into different tables. I had been daunted that the organizations each had defined the regions in Massachusetts differently. I wished to include location as an entry to help find programs near a given area. After looking up MA counties, I settled with a system listing the regions as all counties, including the associated cities, towns, villages, and census-designated places, along with their zip codes under them.

3.3 Database Outline

Below, in Figure 4 below, is the code written in the SQL programing language. This code

is a transcription of the ER model found in Figure 2 and was used to create the database for the

project.

```
CREATE TABLE Organizations (
Organization ID INT NOT NULL AUTO INCREMENT,
Organization NAME varchar(100) NOT NULL DEFAULT 'N/A',
Website Link varchar(100) NOT NULL DEFAULT 'N/A',
Description varchar(100) NOT NULL DEFAULT 'N/A',
PRIMARY KEY (Organization ID)
);
CREATE TABLE Programs (
Program ID INT NOT NULL AUTO INCREMENT,
Program NAME varchar(150) NOT NULL DEFAULT 'N/A',
Description varchar(500) NOT NULL DEFAULT 'N/A',
Program Website Link varchar(200) DEFAULT 'N/A',
Provider varchar(45) CHECK (Type IN ('Public ', 'Private ',
'Insured')),
Organization ID INT NOT NULL,
FOREIGN KEY (Organization ID) REFERENCES Organizations
(Organization ID)
);
CREATE TABLE Contacts (
Title varchar(100) NOT NULL DEFAULT 'N/A',
Contacts ID INT NOT NULL AUTO INCREMENT,
Email varchar(45) DEFAULT 'N/A',
Address varchar(150) DEFAULT 'N/A',
Phone Number varchar(12) CHECK (Phone Number LIKE
'###/###/####'),
Organization ID INT NOT NULL,
FOREIGN KEY (Organization ID) REFERENCES Organizations
(Organization ID),
PRIMARY KEY (Contacts ID)
);
CREATE TABLE Programs to Contacts (
Program ID INT NOT NULL,
FOREIGN KEY (Program ID) REFERENCES Programs (Program ID),
Contacts ID INT NOT NULL,
FOREIGN KEY (Contacts ID) REFERENCES Contacts (Contacts ID),
PRIMARY KEY (Program ID, Contacts ID)
);
```

```
CREATE TABLE Events (
IS Online varchar(4) CHECK (Type IN ('Yes', 'No', 'Both')),
IS Repeating varchar(3) CHECK (Type IN ('Yes', 'No')),
Address varchar(45) DEFAULT 'N/A',
Description varchar(100) NOT NULL DEFAULT 'N/A',
Event ID INT NOT NULL AUTO INCREMENT,
Event NAME varchar(50) NOT NULL DEFAULT 'N/A',
Program ID INT,
FOREIGN KEY (Program ID) REFERENCES Programs (Program ID),
PRIMARY KEY (Event ID)
);
CREATE TABLE Event Dates (
End Date datetime NOT NULL,
Start Date datetime NOT NULL,
Event ID INT NOT NULL,
PRIMARY KEY (Event ID, Start Date, End Date)
);
CREATE TABLE Services Type(
Service Type ID INT NOT NULL AUTO INCREMENT,
Service Type NAME varchar(50) NOT NULL,
Description varchar(400) NOT NULL DEFAULT 'N/A',
PRIMARY KEY (Service Type ID)
);
CREATE TABLE Services Type has Programs (
Service Type ID INT,
FOREIGN KEY (Service Type ID) REFERENCES Services Type
(Service Type ID),
Program ID INT,
FOREIGN KEY (Program ID) REFERENCES Programs (Program ID)
);
CREATE TABLE Regions (
Region ID INT NOT NULL AUTO INCREMENT,
Region NAME varchar(50) NOT NULL DEFAULT 'N/A',
PRIMARY KEY (Region ID)
);
CREATE TABLE Regions Cities (
Region ID INT NOT NULL AUTO INCREMENT,
City NAME varchar(70) NOT NULL DEFAULT 'N/A',
PRIMARY KEY (Region ID)
);
CREATE TABLE Cities (
City NAME varchar(70) NOT NULL DEFAULT 'N/A',
State NAME varchar(2) NOT NULL DEFAULT 'N/A',
ZIP CODE INT NOT NULL,
```

```
PRIMARY KEY (City_NAME, ZIP_CODE)
);

CREATE TABLE Regions_has_Programs(
Region_ID INT NOT NULL,
FOREIGN KEY (Region_ID) REFERENCES Regions (Region_ID),
Program_ID INT NOT NULL,
FOREIGN KEY (Program_ID) REFERENCES Programs (Program_ID),
PRIMARY KEY (Region_ID, Program_ID)
);
```

Figure 3: Database Outline Code

4. Queries

In the development of Queries, the first step was to create user statements the end-user can ask the database such as "What location is this program being held?" or "Which organization offers programs related to employment?"

• Q1: What organization does this program belong to? Joins the Organizations and Programs table by Organization ID to find which Organization a given Programs entry belongs to.



Figure 4: Query 1 - What organization does this program belong to

• **Q2: What times does this event happen?** Joins the Events and Event_Dates table by Event_ID to finding the start and end times for a given event.



Figure 5: Query 2 -What times does this event happen

• Q3: All programs that belong to this organization? Joins the Organization and Programs table by Organization ID and returns all Programs connected to a given Organization.

₱ User_Queries		
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58		
59 • SELECT Organizati	tions.Organization_NAME, Programs.program_Name	
60 FROM Organization	ons	
61 JOIN Programs		
62 ON Programs.Organ	anization ID=Organizations.Organization ID	
63 WHERE Organizatio	ions.Organization NAME LIKE "%Autism%":	
64		
130% 🗘 43:59		
		I
Result Grid 🔠 📢 Filter Rows: 🔍	C Search Export: W	U
Organization_NAME	program_Name	
Autism Alliance	Outdoor Mini Golf	
Autism Alliance	Karaoke Night	
Community Autism Resources	Clinics for Adults - Resume Writing	
Community Autism Resources	Clinics for Adults - Interview Skills	
Community Autism Resources	Clinics for Adults - ISP Review	
Community Autism Resources	UNDERSTANDING SPECIAL EDUCATI	
Community Autism Resources	WORKING TOGETHER: PARENT AND	
Community Autism Resources	UNDERSTANDING AND USING VISUA	
Community Autism Resources	LEARNING ABOUT COMMUNICATION	
Community Autism Resources	LEARNING ABOUT SENSORY AND B	
Autism Resource central	Independent living Skills	
Autism Resource central	Advocacy	
Autism Resource central	Peer support	
Autism Resource central	Housing Search	
Autism Resource central	Service Area	

Figure 6: Query 3 - All programs that belong to this organization

• **Q4: What other programs do this contact info relate to?** Join the Contact table with the Organization and Programs table to find the Organization and all Programs associated with the Contact.

♥ User_Q	ueries					
	🗲 🖌 👰 🕚 🔂	📀 💿 छ 🛛 Limit to 1000 rows 🕒 🤸 🕑 🔍 🖺 🕻	Ŧ			
83						
84 •	SELECT Contac	ts.Title, Contacts.Address, Contacts.Phone	e_Number, Organiz	ations.Organizat	ion_NAME, Programs.program_Name	
85	FROM Programs	_Contacts				
86	JOIN Programs	i .				
87	ON Progra	<pre>ims.Program_ID=Programs_Contacts.program_I</pre>	D			
88	JOIN Contacts	;				
89	ON Progra	<pre>ims_Contacts.Contact_ID=Contacts.Contact_I</pre>	D			
90	JOIN Organiza	itions				
91	ON Organi	zations.Organization_ID=Contacts.Organiza	tion_ID			
92	WHERE Contact	s.Phone_Number LIKE "%978-624-3058%";				
93						
130% 🔇	23:82					
Result G	rid 🎚 🚷 Filter Rov	vs: Q Search Export:				
Title		Address	Phone_Number	Organization_NAME	program_Name	
▶ Kathy	Marques	N/A	978-624-3058	Northeast Arc	Trips Around The World	
Main		1881 Worcester Road, Suite 100A Framingham, MA 01701	978-624-3058	Autism Alliance	Neurodiverse Couples Coaching	
Main		1881 Worcester Road, Suite 100A Framingham, MA 01701	978-624-3058	Autism Alliance	Trips Around The World	

Figure 7: Query 4 - What other programs does this contact info relate to

• Q5: Find programs (description, contacts, organization name) under a specific services type. (ex: What programs and organizations have that involve employment?). *Have the Programs table joined together with the Services_Type, Organizations, and Contact table?*

₱ User_Queries ×						
🖿 🖬 🥖 ff 👰 🕚 🤒	📀 🙁 🔞 🛛 🖬	imit to 1000 rows 📀	🦗 🕑 Q. 🕦 🖘			
110						
111 • SELECT Programs.	Program_Name, P	rograms.Descriptio	n, Services_Type.Service_Type	_Name,		
112 Organization	s.Organization_	NAME, Contacts.Ema	il,Contacts.Address, Contacts	.Phone_Number		
113 FROM Service	s_Type_has_Prog	rams				
114 JOIN Service	s_Type <mark>ON</mark> Servi	ces_Type.Service_T	<pre>ype_ID=Services_Type_has_Prog</pre>	rams.Service_Type_ID		
115 JOIN Program	s ON Services_T	ype_has_Programs.P	rogram_ID=Programs.Program_ID			
116 JOIN Organiz	ations <mark>ON</mark> Organ	izations.Organizat	ion_ID=Programs.Organization_	ID		
117 JOIN Program	s_Contacts ON P	Programs.Program_ID	=Programs_Contacts.Program_ID			
118 JOIN Contact	s ON Contacts.C	Contact_ID=Programs	_Contacts.Contact_ID			
119 where Servic	es_Type.Service	e_Type_Name LIKE "%	Employment%";			
100% 🗘 12:108						
				•		-
Result Grid	s: Q Search	Export:				
Program_Name	Description	Service_Type_Name	Organization_NAME	Email	Address	Phone_Number
Find a Job	N/A	Employment	TILL	N/A	333 South Street Shrewsbury, MA 01545	877-937-9675
Clinics for Adults - Resume	N/A	Employment	Community Autism Resources	paula.aiesi@tillinc.org	N/A	781-302-4608
Clinics for Adults - Intervie.	N/A	Employment	Community Autism Resources	Dale.Belcher@tillinc.org	N/A	781-302-4608
Clinics for Adults - ISP Rev	N/A	Employment	Community Autism Resources	N/A	TILL, Inc. 20 Eastbrook Road Dedham, MA 02026-2056 Attenti	0
ASD Adult Training Series	N/A	Employment	You're with Us!	N/A	120 Main St., 2nd Floor Bridgewater, MA 02324	508-379-0371

Figure 8: Query 5 - Find programs (description, contact, organization name) under a specific services type

• **Q6: What location is this program being held?** Join the Programs table with Contacts and Regions to find what region the program is held in and the contact's address.



Figure 9: Query 6 - What location is this program being held

• Q7: Are there any events coming up soon (today, tomorrow, this week, this month)? *Return* all events in the Events table when joined with the Event_Dates table that falls between two given dates

```
# User_Queries
🖿 🖬  🕖 🕵 📀 😒 🗐 🛛 Limit to 1000 rows
                                                     8 🎭 🚿 🤉 🗊 🖃
148
149 • SELECT Events.Event_Name, Event_Dates.Start_Date, Event_Dates.End_Date
150
       FROM Event Dates
       JOIN Events
151
152
        ON Events.Event_ID=Event_Dates.Event_ID
       where Event_Dates.Start_Date between '2021-01-01 12:00:00' and '2021-06-30 12:00:00';
153
154
130% 🗘 18:145
 Result Grid 🔢 🚸 Filter Rows: Q Search Export: 🏭
                                                                                                                                                                            Event_Name
                                          Start_Date
                                                            End Date
                                          2021-05-11 18:00:00 2021-05-11 19:00:00
Online "Open" AANE Book Club for Adults.
 Online "Open" AANE Book Club for Adults 2021-05-25 18:00:00 2021-05-25 19:00:00
 Fun, Friends, & Family: Outdoor Mini Golf
Fun, Friends, And Family: Zoom Karaoke
                                          2021-05-09 16:00:00 2021-05-09 18:00:00
                                         2021-06-25 18:00:00 2021-06-25 19:00:00
 Online "Open" Virtual Game Night for Adults
                                          2021-06-28 18:30:00 2021-06-28 20:30:00
```

Figure 10: Query 7 - Are there any events coming up soon (today, tomorrow, this week, this month)

• Q8: Is a program funded private/public or insured? Return the provider type from the

Programs table.

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159	
160 • SELECT Programs.Program_Name	e, Programs.Provider
161 FROM Programs	
162 WHERE Programs.Provider LIKE	E "%private%";
163	
100% 🗘 25:156	
Result Grid 📗 🛟 Filter Rows: 🔍 Search	Export:
Program_Name	Provider
LifeMAP Coaching	private
Neurodiverse Couples Coaching	private
Massachusetts Housing Consultations	private

Figure 11: Query 8 - Is a program funded private/public or insured

• **Q9: Which organization offers more than one event in the coming month?** Join the Organization, Programs, Events, and Event_Dates tables and return only Organizations that possess two or more events held between two given dates.



Figure 12: Query 9 - Which organization offers more than one event in the coming month

• **Q10: Which organization provided the most number of events last year?** Join the Organization, Programs, and Events table and return the Organization with the most number of Events entries.



Figure 13: Query 10 - Which organization provided the most number of events last year

• Q11: Which organization provides employment services, and is it offered in an area near me? Join the Organization, Programs, Services_Type, Regions, and Cities tables to return all employment service programs offered in a given city or is online.



Figure 14: Query 11 - Which organization provides employment services, and is it offered in an area near me

• Q12: Which service type is offered by more than two organizations? Join the Organization, Programs, and Services_Type table and return the Services_Type that three or more Organizations offer.



Figure 15: Query 12 - Which service type is offered by more than two organizations

• Q13: Which organization offers no programs related to employment? Join the Organization, Programs, and Services_Type table and return the Organizations that do not have a program with the employment service type.

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420 • S	ELECT * FROM Organizations			
421 ⊝ W	HERE Organizations.Organizat	ion ID not in	(
422	SELECT distinct Organizat	ions.Organizat	ion ID	
423	FROM Organizations	,		
124	10TN Programs			
424		Organization T	D-Drograms	Argenization TD
425	UN Organizations.	organization_1	D=Programs	.organization_iD
426	JOIN Services_Type_ha	as_Programs		
427	<pre>ON Services_Type_</pre>	_has_Programs.P	rogram_ID=	Programs.Program_ID
428	JOIN Services_Type			
429	<pre>ON Services_Type.</pre>	Service_Type_I	D=Services	_Type_has_Programs.Service_Type_ID
430	WHERE Services Type, Servi	ce Type NAME	like '%Emp	lovment%'
431				
422	,			
130% 🗘 6	35:418			
Result Grid	👖 🚸 Filter Rows: 🔍 Search	Edit: 💰 🔜 🛼 Ex	port/Import: 📳 🖡	
Organization	n_ID Organization_NAME	Website_Link	Description	
⊳ 3	Pathlight	https://www.pathl	. N/A	
4	Work with out limits	https://workwitho	. N/A	
5	Seven Hills	https://www.seve	. N/A	
7	Autism Alliance	https://www.autis	. N/A	
8	Lifeworks	https://lifeworksa	. N/A	
10	Autism Resource central	https://www.autis	. N/A	
11	Metrowest Center For Indepen	. https://mwcil.org/	N/A	
12	Metro West Regional Transit A	. https://www.mwrt	. N/A	
12				
10	Worcester public transportation	https://www.thert	N/A	
15	Worcester public transportation Aspire Teen &Adult Programs:	https://www.thert https://www.mas	N/A N/A	

Figure 16: Query 13 - Which organization offers no programs related to employment

5. Webpage/Interface Design

The final piece of the project was to provide a web interface for end-user access, with the desired goal of making it easier to query information. The search engine filters allow the user to select from the drop-down menu **Select Table** to find grouped information helpful in selecting or contacting the various **Organizations**. When the **Programs** table is open, the available tabs specific to the table are revealed, allowing users to pick from the **Service** column. The additional options in their drop-down menus let the user search for target information. The drop-down menu choices are consistent, like the **Select Table** tab or unique to tables in the **Select Column** and **Select Services** tab. The below figures display the table and related tabs.

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💶 YouTube 🌾 Crunchyroll - My 🔣 WPI Banner 🕚 OneLogin		Other Bookmarks			
Database to Access Services for Adults on the Autism Spectrum Who Do Not Have an Intellectual Disability in Massachusetts					
NAME	Website Link	Description			
TILL	https://www.tillinc.org/	N/A			
AANE	https://www.aane.org/about-us/contact-us/	N/A			
Pathlight	https://www.pathlightgroup.org/	N/A			
Work with out limits	https://workwithoutlimits.org/benefits-counseling/	N/A			
Seven Hills	https://www.sevenhills.org/	N/A			
Northeast Arc	https://ne-arc.org/	N/A			
Autism Alliance	https://www.autismalliance.org/	N/A			
Lifeworks	https://lifeworksarc.org/	N/A			
Community Autism Resources	http://community-autism-resources.com/upcomingevents/events/	N/A			
Autism Resource central	https://www.autismresourcecentral.org/	N/A			
Metrowest Center For Independent Living	https://mwcil.org/	N/A			
Metro West Regional Transit Authority	https://www.mwrta.com/senior-and-disabled/senior-and-disabled	N/A			
Worcester public transportation	https://www.therta.com/elderly-and-disabled/	N/A			
MBTA The Ride	https://www.mbta.com/accessibility/the-ride	N/A			
Aspire Teen & Adult Programs: Massachusetts General Hospital	https://www.massgeneral.org/children/aspire/teen-adult/	N/A			

Using this project by selecting a table or find matching result from a given table column (exclude inverts search)

Created and designed by Stephen Lucas for Worcester Polytechnic Institute Major Qualifying Project (MQP). Figure 17: Home page

The website's home page lists all the organizations' possible entities in the database and their corresponding details. The user can obtain more information about a particular organization by clicking the **Website Link** column.

Search Table	Select Table Select Column Excl	ude: Search
	Organizations	
	Contacts	
	Programs	
TILL	Organizations with Multiple Services	<u>l</u>
AANE	<u>Events</u>	ł
Pathlight		1

Figure 18: Select table drop-down

Clicking the **Select Table** drop-down opens a list of all possible entries to search the database and allows the users to switch between tables. The user can either look for **Organizations**, **Contacts** of the organizations, **Programs**, and **Events** related to these organizations, and other **Organizations with Multiple Services**. As seen below, additional drop-down menus are available.

Search Table	Select Table	Select Column Exclude:
		NAME
		Website Link
TILI		Description

Once a table is selected, a search bar **Select Column** is available to filter down results for an easier search, displaying all the of all the columns titles of the currently displayed table. In this Example for **Organizations**, the additional filters are by **NAME**, **Website Link**, or **Description**. For example, if a user wants to search an organization based on its name, they would have to select **Organizations** in the **Select Table** drop-down, **NAME** in the **Select Column** drop-down, and add the search text in the **Search Table** input; finally, click the **Search** button.

Figure 19: column table drop-down

NAME Website Link Description	
TILL https://www.tillinc.org/ N/A	

Figure 20: Return organizations with name partial matching "Til"

For efficiency when searching, the database allows for partial word matching. By selecting **NAME** in the **Select Column** drop-down table, type "Til" in the Search table, and press the **Search** button, it will return all organizations with "Til" in their name. If the **Exclude** is checked off In the **Organizations** table, the search will return all organizations that do not have "Til" in the name.

Search Table Conta	cts Select Column Exclude: Search				
	Contact Title Address				
Contact Title	Email Address	Email	Phone Number	Organization	Program
Online "Open" AANE Book Club for Adults	Phone Number N/Organization	events@aane.org	617-393- 3824	AANE	Online "Open" AANE Book Club for Adults
Hadley	Program N/A	info@pathlightgroup.org	413-585- 8010	Pathlight	Adult Family Care
Easthampton	N/A	info@pathlightgroup.org	413-529- 2428	Pathlight	Adult Family Care
Main	333 South Street Shrewsbury, MA 01545	N/A	877-937- 9675	Work with out limits	Find a Job
Person-Centered Support in a Family Environment	799 West Boylston St., Suite 2, Worcester, MA 01606	afc@sevenhills.org	508-796- 1868	Seven Hills	Social / Recreational Programs
Sharon Goldberg Vice President	N/A	sgoldberg@sevenhills.org	508-983- 1336	Seven Hills	Alec First Responder Training
Heritage Shredding	27 Garden Street, Unit 4, Danvers, MA 01923	N/A	978-531- 0666	Northeast Arc	Harbor Counseling
Kathy Marques	N/A	kmarques@ne-arc.org	978-624- 3058	Northeast Arc	Trips Around The World
Main	1881 Worcester Road, Suite 100A Framingham, MA 01701	AutismAlliance@Advocates.org	978-624- 3058	Autism Alliance	Neurodiverse Couples Coaching
Main	1881 Worcester Road, Suite 100A Framingham, MA 01701	AutismAlliance@Advocates.org	978-624- 3058	Autism Alliance	Trips Around The World

Figure 21: Contacts

The **Contacts** table gives a collection of Contact information an end-user may want that is associated with given organization-specific programs. It has information on their **Address**, **Email**, and **Phone Number**.

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Data Wł	abase 10 Do	e to Ac Not H	cess Services for A lave an Intellectua	dults al Disa	on th bility	e Autism Spe in Massachu	ctru sett	ım s
oodron habit	Pro	Select Servi	ce select Column Exclude: Search					
Service	Service Descr	Program	Program Link	Description Provid	ler Organization	Organization Link	City	Regions
Social and Community Engagement	N/A	Online "Open" AANE Book Club for Adults	https://www.aane.org/event/online-open-aane-book- club-for-adults-5-11-21-600-pm-700-pm-est/	N/A	AANE	https://www.aane.org/about- us/contact-us/	Boston	Suffolk County
Social and Community Engagement	N/A	Online "Open" AANE Book Club for Adults	https://www.aane.org/event/online-open-aane-book- club-for-adults-5-11-21-600-pm-700-pm-est/	N/A	AANE	https://www.aane.org/about- us/contact-us/	Chelsea	Suffolk County
Social and Community Engagement	N/A	Online "Open" AANE Book Club for Adults	https://www.aane.org/event/online-open-aane-book- club-for-adults-5-11-21-600-pm-700-pm-est/	N/A	AANE	https://www.aane.org/about- us/contact-us/	Revere	Suffolk County
Social and Community Engagement	N/A	Online "Open" AANE Book Club for Adults	https://www.aane.org/event/online-open-aane-book- club-for-adults-5-11-21-600-pm-700-pm-est/	N/A	AANE	https://www.aane.org/about- us/contact-us/	Winthrop	Suffolk County
Using this	project by	selecting a t	able or find matching result from a giv	en table colu	umn (exclu	de inverts search)		

Created and designed by Stephen Lucas for Worcester Polytechnic Institute Major Qualifying Project (MQP).

Figure 22: Programs

Programs table gives all programs recorded in the database, having information about: the Service they are a part of, the program's name, the program's page **Website Link**, **Description** if it is operated by a private, public or insured provider, the associated organization plus their main webpage, **City**, and Massachusetts counties they operate in or if it is held as a remote service, and the associated contact **Address**, **Email**, and **Phone Number**.

Search Tab	le	Programs Select Se	ervice Select Column	Exclude: Search							
Service	Service Descr	Employme Housing ar Pros <mark>Mental He</mark> s	<u>ent</u> <u>nd independent living</u> <u>alth Support</u>	ram Link	Description Provider	Organizatior	n Organization Link	City	Regions	Contact	A
Social and Community Engagement	N/A	Social and Online "OOther Need AANE Book Club for Adults	Community Engagemen ds nups.//www.aanc.org/c club-for-adults-5-11-21	t vent/online-open-aane-book- -600-pm-700-pm-est/	N/A	AANE	https://www.aane.org/about- us/contact-us/	Boston	Suffolk County	Online "Open" AANE Book Club for Adults	N/A
Social and Community Engagement	N/A	Online "Open" AANE Book Club for Adults	https://www.aane.org/e club-for-adults-5-11-21	vent/online-open-aane-book- -600-pm-700-pm-est/	N/A	AANE	https://www.aane.org/about- us/contact-us/	Chelsea	Suffolk County	Online "Open" AANE Book Club for Adults	N/A
Social and Community Engagement	N/A	Online "Open" AANE Book Club for Adults	https://www.aane.org/e club-for-adults-5-11-21	vent/online-open-aane-book- -600-pm-700-pm-est/	N/A	AANE	https://www.aane.org/about- us/contact-us/	Revere	Suffolk County	Online "Open" AANE Book Club for Adults	N/A
Social and Community Engagement	N/A	Online "Open" AANE Book Club for Adults	https://www.aane.org/e club-for-adults-5-11-21	vent/online-open-aane-book- -600-pm-700-pm-est/	N/A	AANE	https://www.aane.org/about- us/contact-us/	Winthrop	Suffolk County	Online "Open" AANE Book Club for Adults	N/A
Other Needs	N/A	Adult Family Care	https://lifeworksarc.org	/service/adult-family-care/	N/A	Lifeworks	https://lifeworksarc.org/			Hadley	N/A

Figure 23: Select Services

When the **Select Services** drop-down is open, it shows the five main categories of services. For example, selecting **Employment** in the **Select Service** drop-down returns all programs of that service type.

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Data Wł	aba 10	ase to Do N	o Access Services lot Have an Intelle	for Adu ctual D	ults o Disab	on the Auti oility in Ma	ism Issa	Sp chu	ect Jse	rum tts
DOSION		Programs	Social and Community Engagement City Exclude:	earch						
Service	Service Descr	Program	Program Link	Description Provide	r Organizatior	n Organization Link	City	Regions	Contact	Address
Social and Community Engagement	N/A	Online "Open" AANE Book Club for Adults	https://www.aane.org/event/online-open-aane-book- club-for-adults-5-11-21-600-pm-700-pm-est/	N/A	AANE	https://www.aane.org/about- us/contact-us/	Chelsea	Suffolk County	Online "Open" AANE Book Club for Adults	N/A
Social and Community Engagement	N/A	Online "Open" AANE Book Club for Adults	https://www.aane.org/event/online-open-aane-book- club-for-adults-5-11-21-600-pm-700-pm-est/	N/A	AANE	https://www.aane.org/about- us/contact-us/	Revere	Suffolk County	Online "Open" AANE Book Club for Adults	N/A
Social and Community Engagement	N/A	Online "Open" AANE Book Club for Adults	https://www.aane.org/event/online-open-aane-book- club-for-adults-5-11-21-600-pm-700-pm-est/	N/A	AANE	https://www.aane.org/about- us/contact-us/	Winthrop	Suffolk County	Online "Open" AANE Book Club for	N/A
Using this	proje	ect by sele	cting a table or find matching result fi	om a given ta	ble colun	nn (exclude inverts se	arch)			

Created and designed by Stephen Lucas for Worcester Polytechnic Institute Major Qualifying Project (MQP).

Figure 24: Return all programs that are social and community engagement services not in Boston

When a **Select Service** is selected, it returns all entries with that given Service. It is not affected by the **Exclude** button, so In this **Programs** table example, it returns **Social and Community Engagement** service entries and that are not located in the **City** of "Boston."

6. Tools and Technologies

I initially wrote the user interface (UI) on Glitch using JavaScript. I learned how to

create a web page with JavaScript's React Extension and connected it to my local MySQL

workbench database using Node.JS. I used Node.JS to build RESTful APIs architecture

(api/index.js) to join the database to the frontend of the application. The filter function originally

called the backend for every user query but later switched to making one backend call to fetch a

table and then filter it further.

Name	Description
Glitch	I used Glitch and its tutorial on using React during the initial project investigation. It is an online web page code editor. Unfortunately, I had to drop it and remake the project on the desktop as an unidentified error prevented Glitch from rendering the page. [2]
ReactJS for frontend	It is an open-source JavaScript library used to create interfaces for single-page applications. Professor Eltabakh and Glitch.com recommended it, as it was an easy way to write and render my application.
Node.JS for backend	It is an open-source, cross-platform runtime environment that is used for server- side programming. [5] In this project, we use NodeJS to build RESTful APIs to connect the database to the frontend of the application. Another professor recommended connecting the MySQL server backend to the front end.
NPM	Node.JS package manager is a package manager for the JavaScript programming language. It is a free and widely used Software Registry (Library) and the default Software package manager for Node.JS. Sami Baral recommended it to build and run the application's client.
MySQL	It is an open-source SQL database management system. [6] One of the first applications my professor told me about. MySQL was employed in this project for managing a database server in the back end.

Table 4: Tools and Technologies

7. Conclusion

This project creates a foundation for designing a database to search for services available in Massachusetts for adults with ASD no ID by creating a web interface for end-users to query information. The application is run with MySQL as the server manager, Node.js as the front end, and the user interface running on React.JS. As part of the project, I had transcribed my research of the various services into the SQL database. As the project's goal was to create a prototype, I made a functioning interface by the end. The application can fetch data tables from the local database. It displays the information in a readable and scrollable manner, a search bar with dropdown menus and buttons that can change based on which table is active and perform partial word matching.

It is apparent there is more to work needed in many areas. Most manual summaries of entry descriptions were left blank as they required more time and people to do proper research. Along with that, the providers attribute for programs was also left unassigned as it would require another cycle of research on how each program would be classified under Massachusetts law. As the goal of this project was to have at least the client's foundations established, they had to be left to be written in the future. There had been early discussion on using a Web Crawler to find the websites that provide relevant services. However, there was not enough time to learn to develop one while also learning to construct a database and interface.

I hope this proof of concept will be continued and fleshed out further. Currently, the database and the client only run on a local computer. Ultimately, the final product should move to a public webserver and further improve the interface layout and add features required on a website. Completing this project and making it public will make an excellent resource for adults on the autism spectrum without intellectual disabilities in Massachusetts.

While doing this project, I learned many skills required to create and integrate a database. Using SQL and creating a page with react.js and using node.js to bridge the two together.

8. Background Materials

Here is a list of some of the tools and tutorials I used when working on this project.

- Glitch Hello React
- <u>https://reactjs.org/tutorial/tutorial.html</u>
- https://react-bootstrap.github.io/components/dropdowns/
- https://www.emgoto.com/react-search-bar/
- https://react-bootstrap.github.io/components/dropdowns/
- <u>https://www.mysqltutorial.org/mysql-nodejs/connect/</u>
- https://dev.to/abdulbasit313/an-easy-way-to-create-a-customize-dynamic-table-in-reactjs-3igg
- https://dev.to/nasreenkhalid/simple-react-js-and-mysql-integration-crud-app-backend-5aom
- https://github.com/imaslarab/MedicalMgmt
- <u>https://www.geeksforgeeks.org/node-js-export-</u> module/#:~:text=The%20module.&text=js%20is%20used%20to%20export,is%20expose d%20as%20a%20module
- https://www.npmjs.com/package/express-async-handler
- https://modernweb.com/the-basics-of-express-routes/
- https://codebrahma.com/build-table-componenet-with-react-hooks/
- <u>https://www.digitalocean.com/community/tutorials/how-to-manage-state-on-react-class-components</u>
- https://www.digitalocean.com/community/tutorials/how-to-share-state-across-reactcomponents-with-context
- https://www.pluralsight.com/guides/form-submission-in-reactis
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