

Need

There is a high rate of sexual assault and abuse among adolescents and young adults in the United States.

Sexual Assault Across the U.S

- Causes negative effects: mental illness, drug dependence, and sexual health issues.
- 20% of women and 5% of men experience some form of sexual assault
- < 1/3 of middle and high school learn about consent or sexual assault

Approach

Construct Lesson Plan

- Research other similar programs
- Establish goals of course
- Who? What? Where? When? Why? How?

Meet the Parents

- Ask permission
- Debriefing session

Establish Baseline

- IRB-approved pre-survey

Course Execution

- 4 lessons over 4 weeks
- Discussion-based learning

Course Evaluation

- IRB-approved post-survey
- Testimonials from students, teachers, and parents

“Let’s Talk About Sex Baby!” Lesson Plan

Week-by-Week Breakdown

1. Identifying Healthy Relationships

2. Identifying Unhealthy Relationships

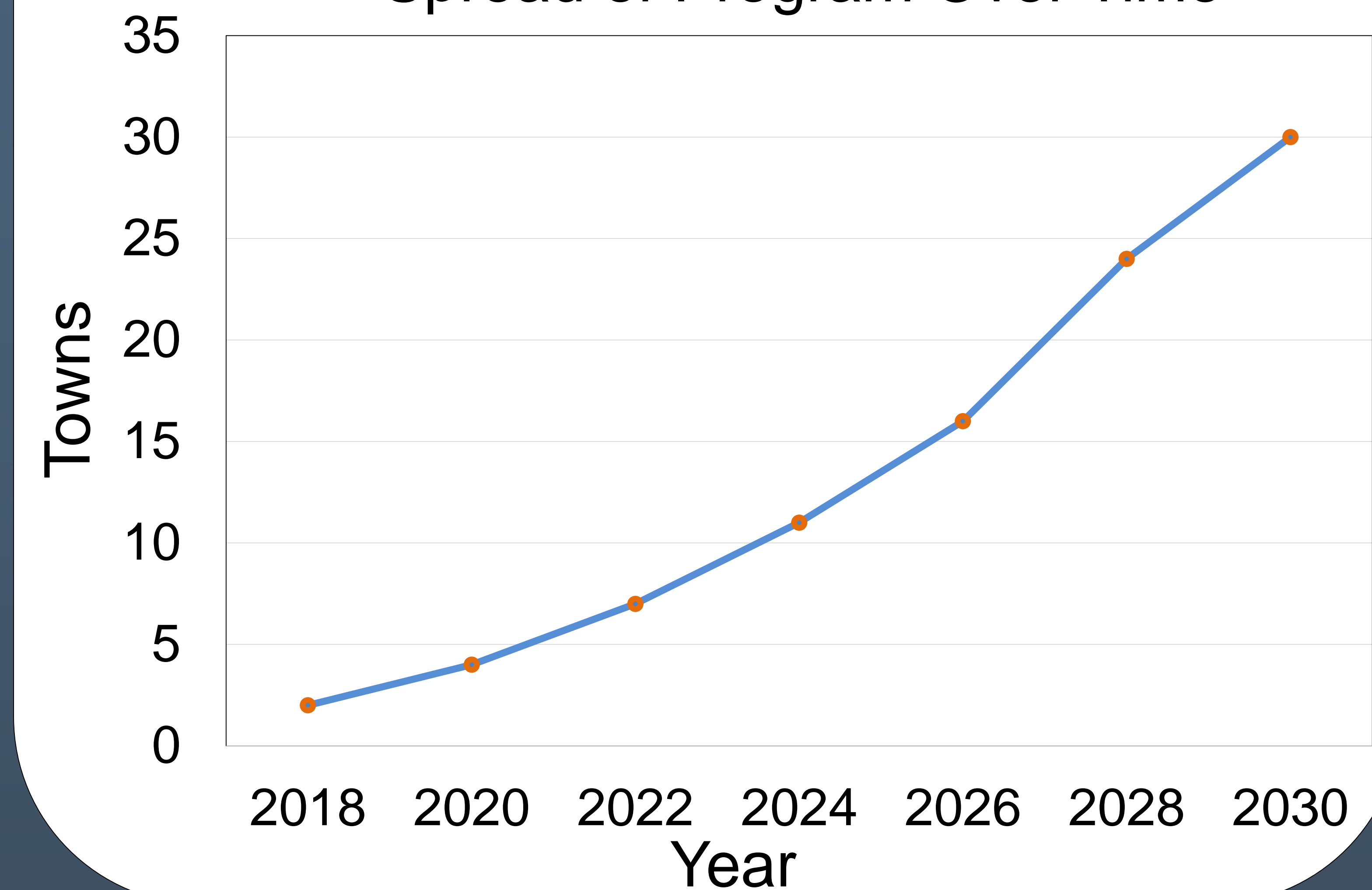
3. Understanding Consent

4. Wrapping Up

Future Plans

The curriculum should spread to 30 towns by the year 2030.

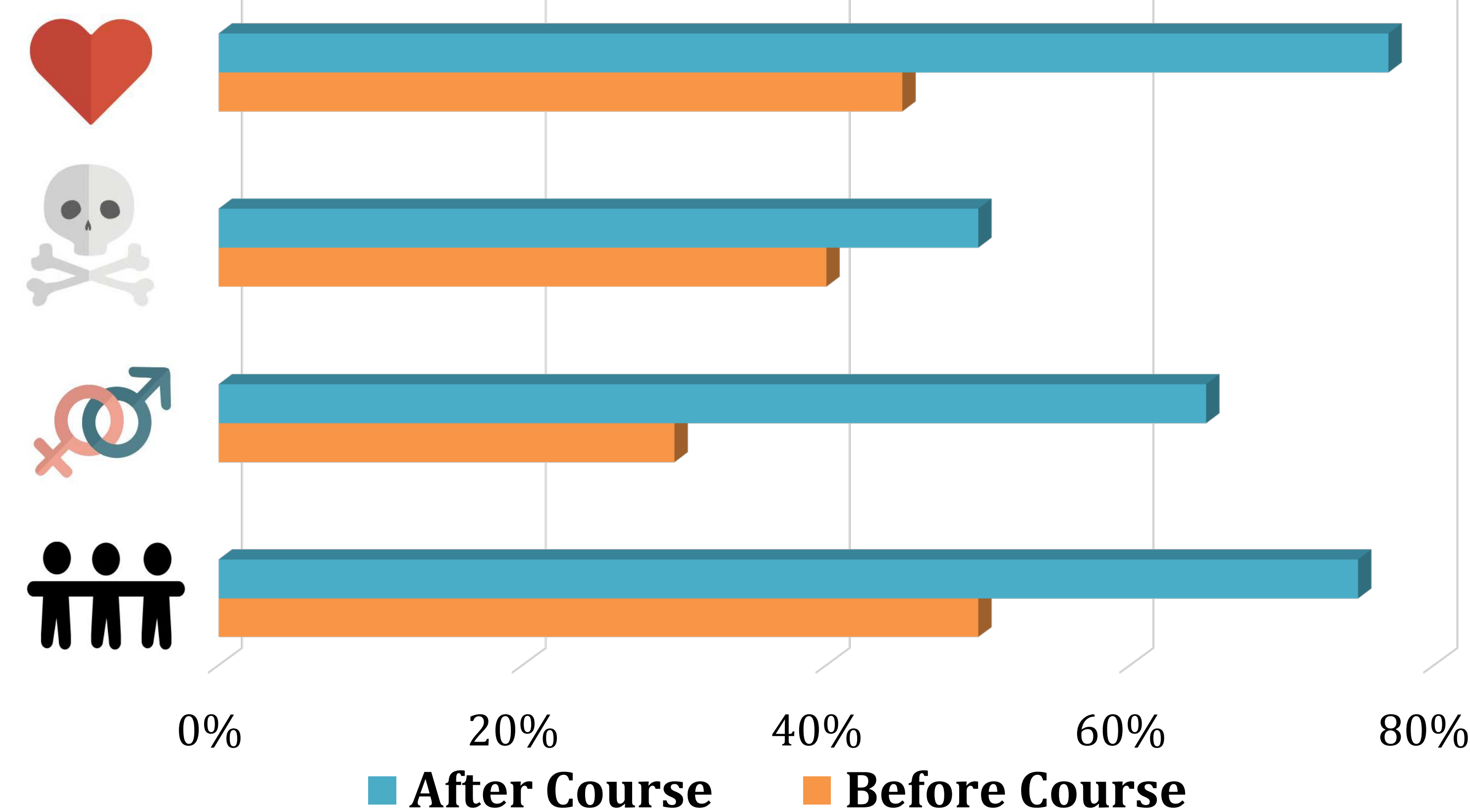
Spread of Program Over Time



Expected Results

Increased knowledge measured using a pre and post survey evaluation.

Pre and Post Survey Evaluation



Identifying healthy and unhealthy relationships (25%+)

Confident in standing up for myself in a dangerous situation (10%+)

Understand what consent means and when it is required (35%+)

Confident standing up for my friend in a dangerous situation (32%+)



Mr. Aleksiewicz and students from the Worcester Partnership Program (WPP)

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