Opioid Crisis on Cape Cod
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Problem
Cape Cod, Massachusetts is home to some of the highest rates of opioid abuse in the country, with blue-collar workers being at the highest risk of usage.

Community of focus
Cape Cod’s vocational-technical high school students will feed into the blue-collar population, putting them at high risk, in combination with preexisting mental health and emotional problems compounded by stress of academics and choosing a trade.

Our Solution
We will develop an educational program that aims to reduce the risk of opioid abuse, with mentors from the blue collar workforce and that better utilizes available school counselors.

Educational program
Make students aware of counselors, support groups, hotlines, and mental wellness classes

Identify and discuss causes and effects of drug use among the school community

Career planning and college readiness

Blue collar worker guest speakers give insight into career and risks

Collaborate with Gosnold
Existing counselors at the school coordinate blue collar workers to speak with students to discuss benefits, challenges, and stresses associated with the trade and how to combat these risks.

Assessment
Obtain qualitative data from students about the program through surveys and monitor opioid statistics

Reference:

Implementation
Create
Compile a curriculum
Form subdivision within School Based Programs through Gosnold

Partner
Meet with the schools and present solution with Gosnold

Present

1st trimester
2nd trimester
3rd trimester