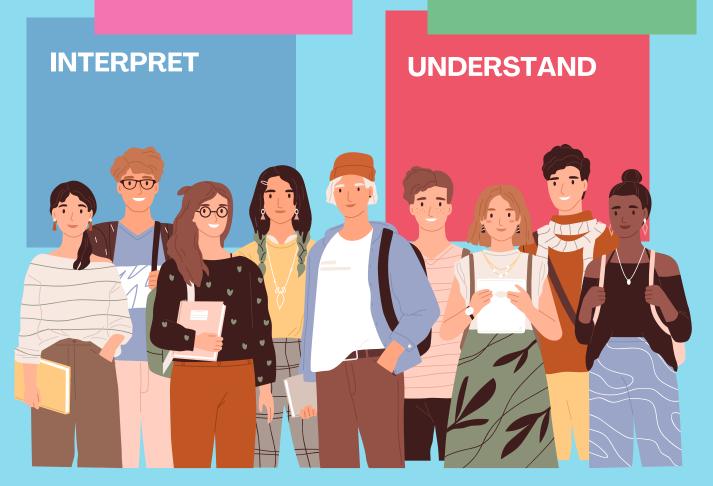
A COMPREHENSIVE GUIDEBOOK: HOW TO MONITOR AIR QUALITY

COLLECT DATA

VISUALIZE





— Monitoring Guidebook —

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Anyone can conduct air monitoring. Let us show you how step by step.



The Atmotube Pro



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Data Management and Analysis



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The Atmotube Pro Sensor

The Atmotube Pro is an air pollution microsensor. It is equipped to measure particulate matter (PM1, PM2.5, PM10) and volatile organic compounds (VOCs). Below is the effective range and the measurement uncertainty. The Atmotube has two flow holes just below the button. The sensor measures the air quality in a small chamber between the holes.



Atmotube	PLUS	PRO
TVOC output range	0 - (60 ppm
TVOC typical accuracy	15% of me	easured value
PM output range	-	0 - 1000 µg/m³
PM typical accuracy	-	PM1, PM2.5 0 to 100 μg/m³, [±5 μg/m³ + 5 % m.v.] 100 to 1000 μg/m³, ±10% m.v. PM10 0 to 100 μg/m³, ±25 μg/m³ 100 to 1000 μg/m³, ±25 % m.v.
Temperature	±0.5°	C (±0.9°F)
Humidity	±:	3%RH
Pressure	±	1 hPa

Using the Atmotube Sensor

The button in the center of the Atmotube turns the sensor on and off. To turn it on hold the button for 4 seconds. An orange light will come on to confirm it is powered on. To turn it off hold the button for 4 seconds again, the light will flash to indicate it is powering off.

Once on, the Atmotube can connect to a phone using Bluetooth. To connect, ensure your phone has Bluetooth enabled and open the Atmotube app. It will begin searching for devices and will display a list of Atmotubes. Unless there are multiple Atmotubes nearby there will typically only be the Atmotube you are using. If it is unable to connect, try restarting the Atmotube and closing out of the app.

Once connected the app will show the home screen where you can see the PM, VOC, and AQS levels.

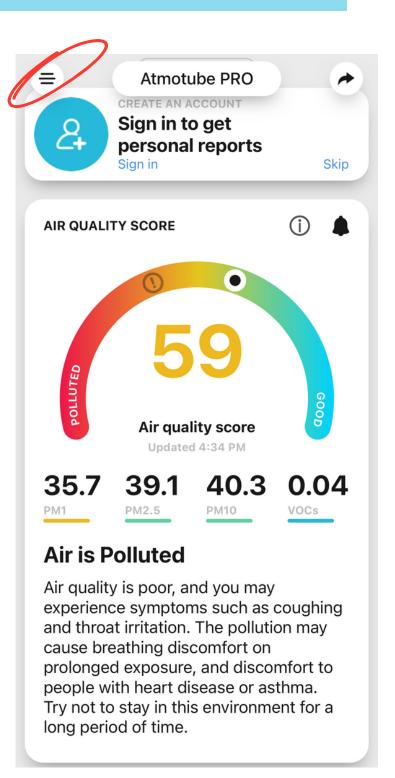




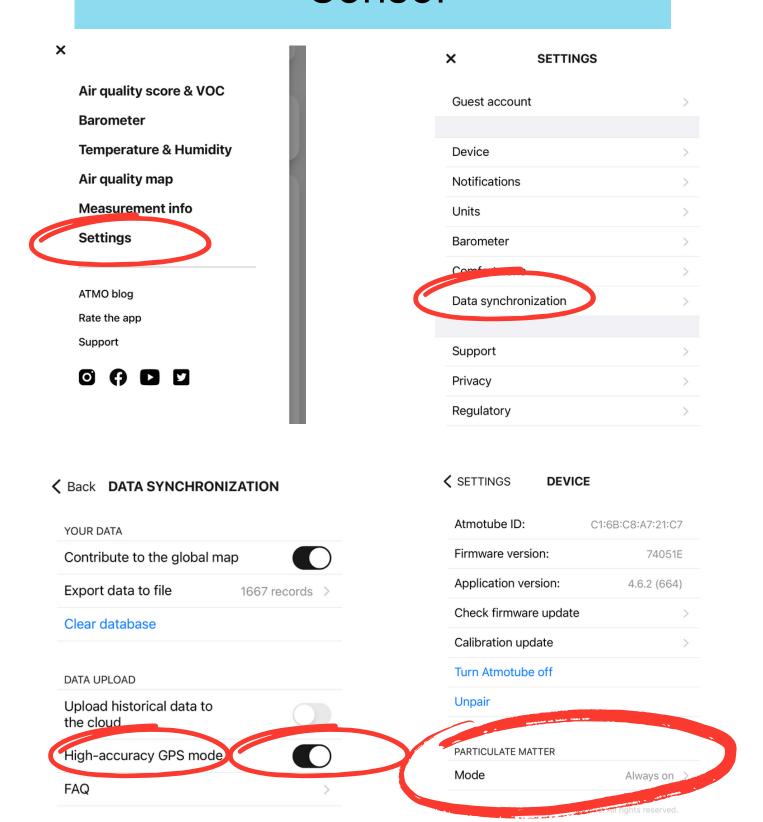


Using the Atmotube Sensor

Before monitoring there are two important settings to change from the default. By tapping the 3 horizontal lines in the home screen you can reach the menu and navigate to the settings list. Under the device set the particulate matter to always on. and under data synchronization enable high-accuracy GPS mode.



Using the Atmotube Sensor



With these settings enabled, monitoring can begin.

Monitoring Methods

There are two ways of monitoring. Stationary and mobile. Stationary monitoring involves sitting with the sensor for a prolonged period to get a precise reading of the air pollution at that spot. This is most effective when monitoring specific spots like a bus stop, or a school. Mobile monitoring involves attaching the sensor and typically walking around an area or along a route to get the air quality in a given zone, like a park or a street. Deciding which method to use is an important step in gathering effective data. In general, using stationary monitoring to measure the air at a specific spot or in a small area works well, while using mobile monitoring to measure the air in a large area or along a route works well.

Stationary monitoring

When using stationary monitoring pick a location to monitor and wait. Generally, a minimum of 30 minutes is recommended at a location, with more time allowing a more precis measurement. However, it is important to be aware of the changes in pollution over time.

For example, when monitoring the air pollution at a school during student drop-off, students may only be arriving during a 15-minute window, in this case, monitoring for longer would not be an option unless choosing to graph the data over time, as will be shown in the analysis section.

Monitoring Methods Mobile Monitoring

Mobile monitoring

To start, secure the Atmotube in a place where it will not be blocked. Attached to a backpack or a belt loop tend to work well.

It is important to have a plan and a specific area to monitor. It is recommended to look at the area of interest on a map and decide on a route before beginning.

If the mobile data is being used to find an average air pollution level in an area like a park it is important to plan a route that avoids outlying areas. For example, if you are trying to monitor a large park that has a small but polluted café near a corner the data taken from that small area would affect the average and make it not representative of the rest of the park.

Mobile monitoring can also be used to highlight the differences in air quality between areas. For example, monitoring along a road from the city center out into residential areas. This data could be shown on a map to illustrate the change in air quality. The mapping process will be shown in the analysis section.

Monitoring Methods Note Taking

Note Taking

While monitoring it is always important to take notes. It is a good habit to note anything that may significantly influence the data. This includes general things like the weather, time of day, and when it last rained, as well as specific things like the time when you crossed a street, or when you passed by a construction site that may have higher pollution levels. It is also strongly recommended to take many photos and include them in the notes.

Monitoring Methods Note Taking

Example of Field Notes

11/7/23 - Main Boulevard Monitoring

- We monitored the main boulevard and parts of the block today. It did not rain last night and was sunny today with no sign of rain for the past few days.
- We began monitoring at 9:25 and went down the boulevard towards the block.
- We then took a left entering the block area at 9:43, at this time streets began to get narrower
 and the average AQS was lower than it was in the very open boulevard with lots of air and
 trees.
- Then at 9:50 we entered the roundabout area of the block and continued north of the roundabout and left the area at 9:52
- Then there was a construction site we ran into at 9:54 at the AMA restaurant location, this
 construction was all inside an already made building because of this the AQS was not affected
 very much with their only being a very sharp decrease for less than 1 minute. This dropped the
 AQS from 85 to 62 for a very short period. We then exited the construction at 9:55 and
 continued walking the block.
- We then turned around on the block and walked back in the same direction we came.
- We then passed a gas station at 10:02 where for 1 minute the pollution dropped to 0. It resumed back to normal numbers at 10:03
- Then at 10:08 we returned off the block, back on the boulevard, to walk back to the square where we started.
- We finally got back to our starting place at 10:18 and ended monitoring then.

Overall, the main boulevard is filled with trees, and the bike lane acts as a buffer between the sidewalks and roads. Because of this, air pollution data wavered with an AQS of 85-90, which is relatively good. As we made our way into the block, the AQS dropped down to around 80 until the end of the roundabout, and once we made our way to the inner roads, the AQS dropped significantly, to about 50-70. One data altering factor was we walked past a gas station which tanked our data to 0. There was nothing else besides this and the daily data altering factors (like smoking etc.)

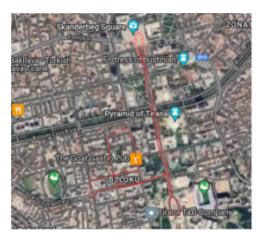
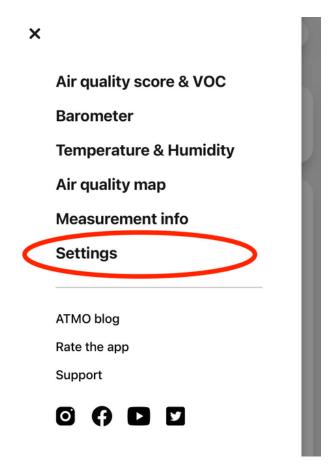
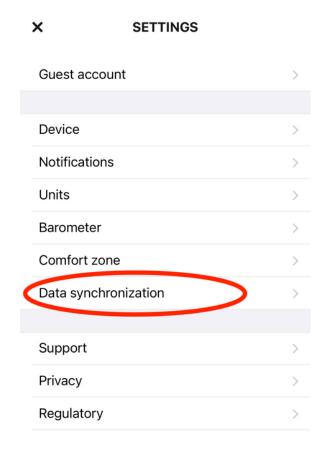


Image of the path walked

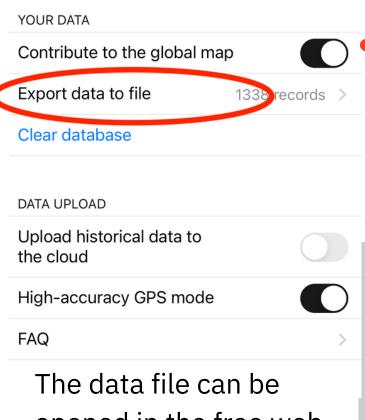
Exporting and Opening

Once data has been taken it needs to be exported and analyzed. To export data from the Atmotube app go to settings, data synchronization, and choose "Export data to file". Then choose to share and send the data to your computer in whatever way is most convenient for you, such as sending the file in an email to yourself. Then download the file onto your computer.

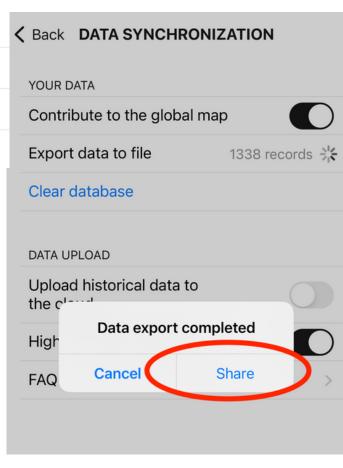




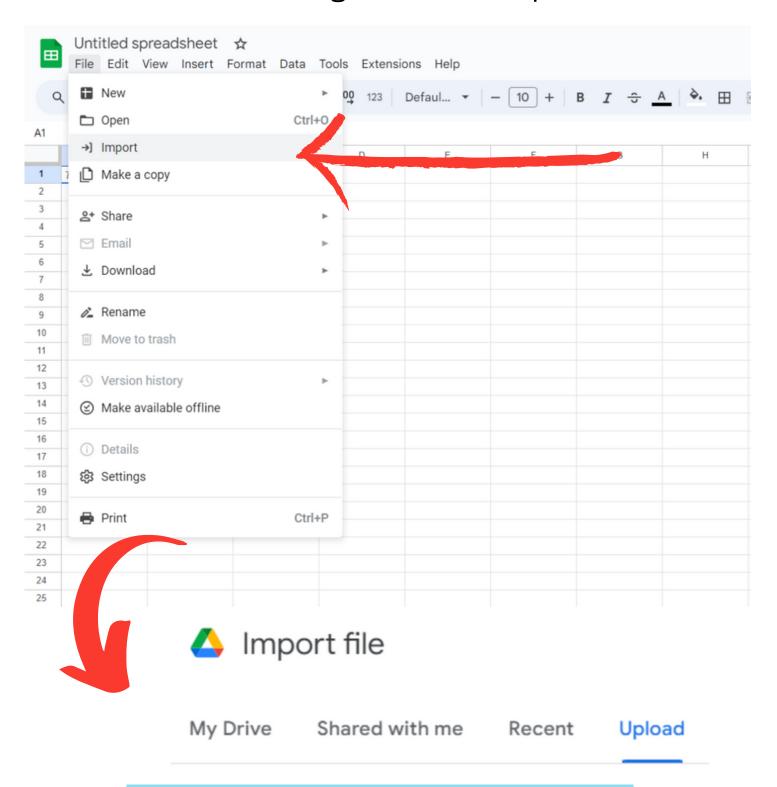
♦ Back DATA SYNCHRONIZATION



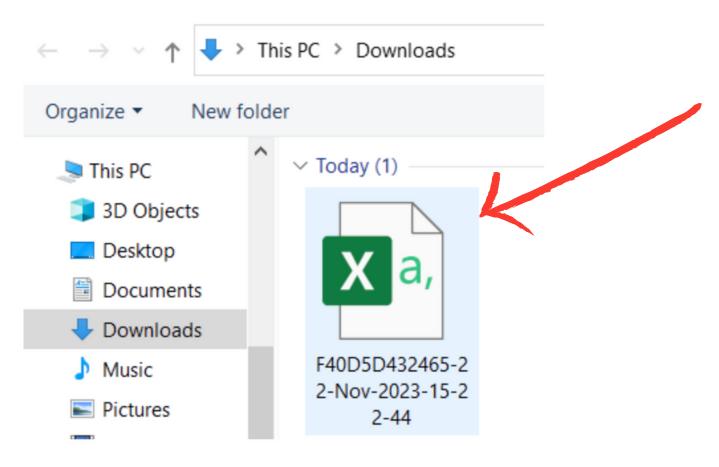
The data file can be opened in the free web browser program Google Sheets. You will need a free Gmail account to use this program. The option to create an account will be available when opening the site.



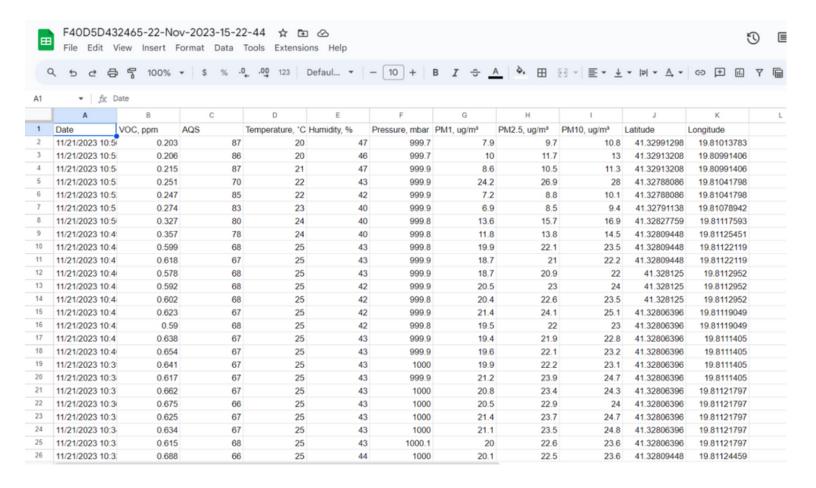
Once Google Sheets is open hover the cursor over the file and drag it down to import.



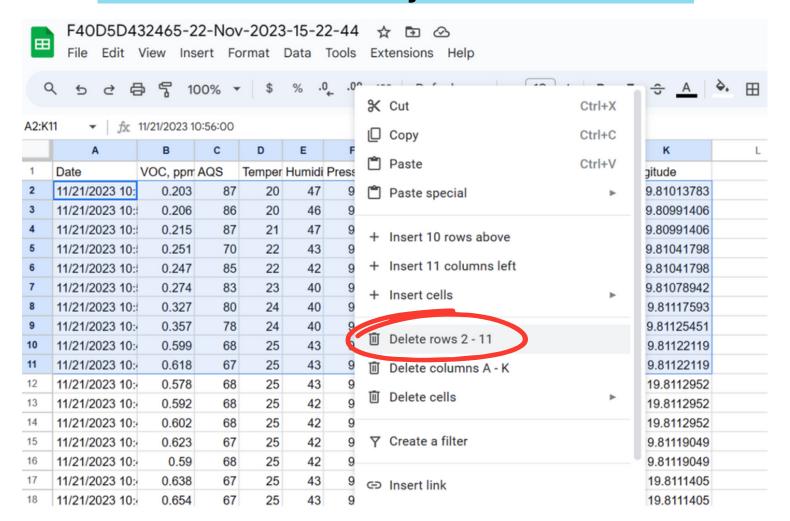
From here you can browse your PC files to find the data where you downloaded it to your PC. It will usually be in a downloads folder.



Once the data is open in sheets it will appear like this. If the date column appears as "XXXXXXX", simply double-click the first box and press enter and it should display correctly.

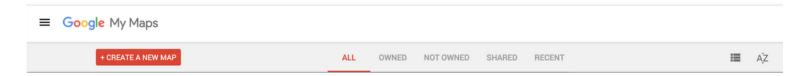


In the datasheet, you can delete data before and after the desired monitoring period. Select multiple rows by selecting a box and shift clicking another box then right-click and choose to delete rows. The same process can be used to remove other necessary data points based on the field notes from that session.

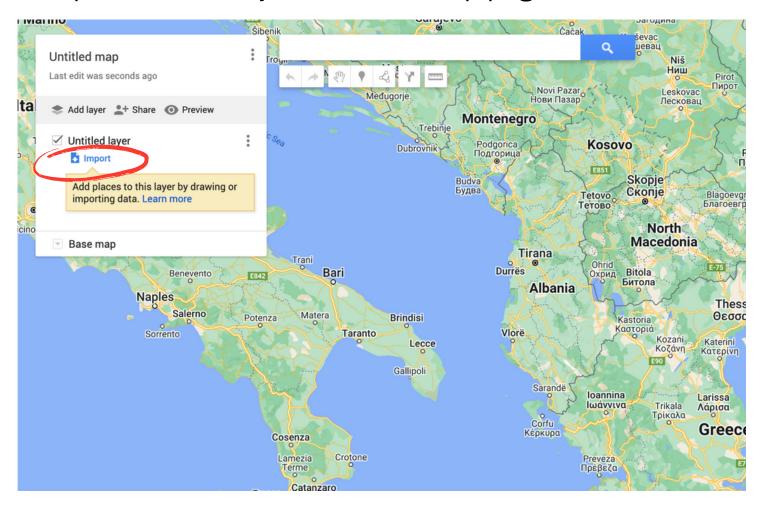


Once the extraneous data has been removed, it is recommended to save a copy of the data by using the file button at the top left of the window. By saving a copy it avoids overwriting the original data file so that it can still be retrieved if necessary. When saving the copy, it is recommended to include the data and the location in the file name to avoid confusion. A possible name could be "10.10.2023 New Boulevard". It is also recommended to move both the original file and the edited file to a designated folder for easier access.

To map the data using Google MyMaps search "Google MyMaps" or visit "google.com/maps/d/u/0/". Similar to Google Sheets you will need a free Gmail account to sign in. From the map site select "Create New Map" highlighted in red.



This option will take you to a new map page.



Once in the map, select the import option and upload the edited data file. This will prompt you to select the latitude and longitude from the list of collum titles.

These options may be selected by default, or they can be manually selected. After this, MyMaps prompts the user to select what the points will indicate. This will generally be PM2.5 or PM10. Only one can be selected at once.

Choose columns to position your placemarks

Select the columns from your file that tell us where to put placemarks on the map, such as addresses or latitude-longitude pairs. All columns will be imported.

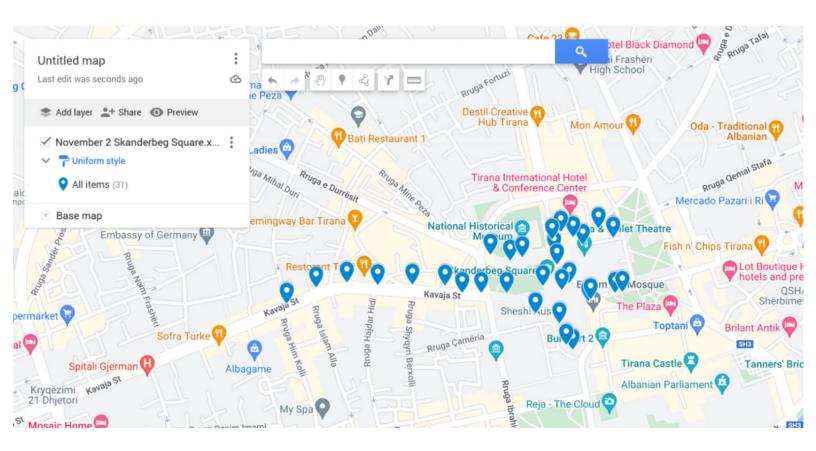
Temperature, ËšC	
Humidity, %	
Pressure, mbar	
☐ PM1, ug/m³ 📳	
□ PM2.5, ug/m³	
PM10, ug/mA ³	
✓ Latitude (latitude) 🖪	
✓ Longitude (longitude)	
Continue Back	Cancel

Choose a column to title your markers

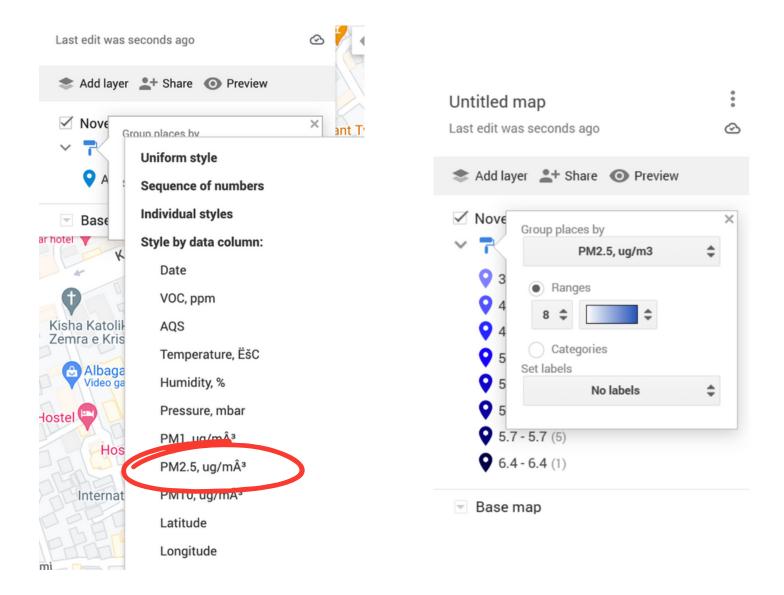
Pick a column to use as the title for the placemarks, such as the name of the location or person.

O Date 3
○ VOC, ppm
O AQS P
○ Temperature, ËšC 🔞
Humidity, %
Pressure, mbar ?
PM1, ug/m³ 📳
Finish Back Cancel

After selecting "Finish" the map will be generated.

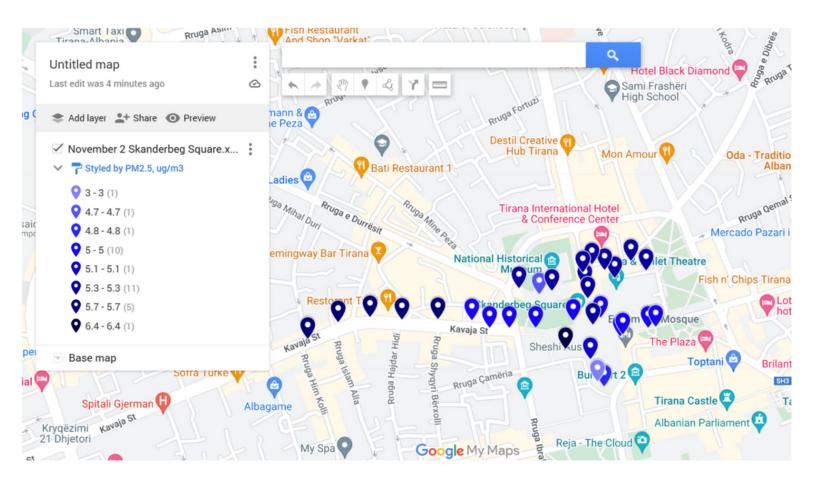


Here all of the data points are shown based on their coordinates. Each point has been named by its PM2.5 value as selected in the previous menus. To color each point according to the pollution levels, select "Uniform style" in blue on the menu to the left of the map. Then choose PM2.5



The number of ranges can be increased to show more detail in variation. Alternatively, ranges can be individually selected and colored. This can be useful to show which areas exceed a limit.

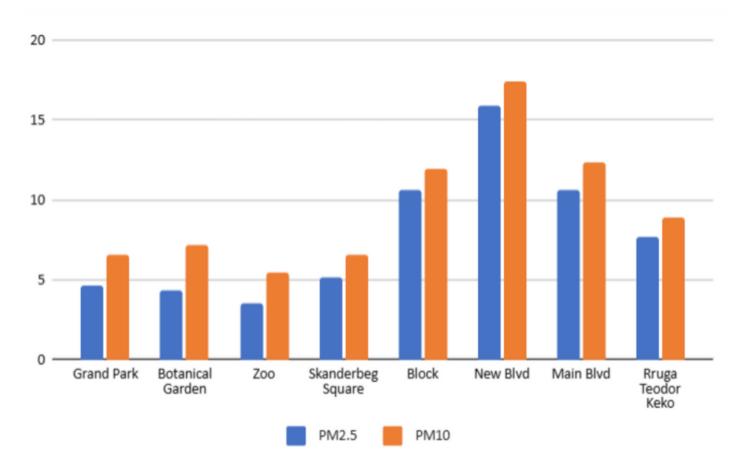
Updated Final Map



Now that the pollution levels are indicated by color it is easy to see how the levels change along a route, with darker colors indicating more polluted areas and lighter colors indicating less pollution. This is an example of walking Kavaja Street to go explore Scanderbeg Square. The dark points along Kavaja Street show that the PM2.5 levels there were the highest, which makes sense as it is a busy street with lots of traffic. Then in Skanderbeg Square the air quality is highly varied. Lastly, the light blue points at the south of the Square along the garden indicate the best air quality of anywhere along the route.

Graphing

Graphing is another powerful tool to understand and visualize data. Three kinds of graphs that each illustrate data is different ways are a bar chart, a box and whisker plot, and a pollution over time graph.

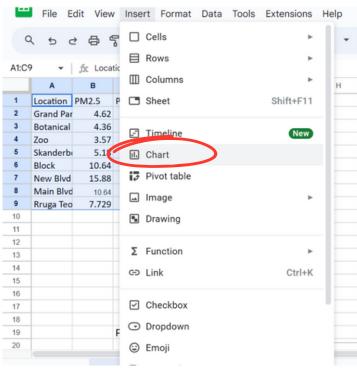


A bar chart is a useful way to visually compare pollution levels. This example above shows the average PM2.5 and PM10 levels across seven areas. Data can be averaged using the "=average()" formula as shown below. Once the pollution levels are formatted into a table as shown below, choose "insert" from the tool bar at the top of the screen and select chart.

Bar Chart

Once the bar graph has been generated it can be edited be selecting it and accessing the chart editor panel on the right. The panel should pop open when the graph is selected but it can also be opened by clicking the three vertical dots in the top right corner of the graph.

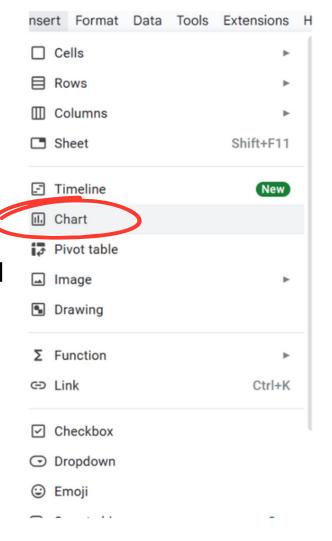
	С	D	E	F	A1:C	9 🔻	fx Loca	tion
19	PM2.5, u	g/m³	Average F	PM2.5		Δ.	В	0
20	9.7	?	=average	(C20:C31)		Α	В	С
21	11.7				1	Location	PM2.5	PM10
22	10.5				2	Grand Par	4.62	6.57
23	26.9				3	Botanical	4.36	7.18
24	8.8				4	Zoo	3.57	5.44
25	8.5				5	Skanderb	5.18	6.6
26	15.7				6	Block	10.64	11.97
27	13.8				7			
28	22.1					New Blvd	15.88	17.41
29	21				8	Main Blvd	10.64	12.4
30	20.9				9	Rruga Teo	7.729	8.94
31	23				10			



Box and Whisker Plot

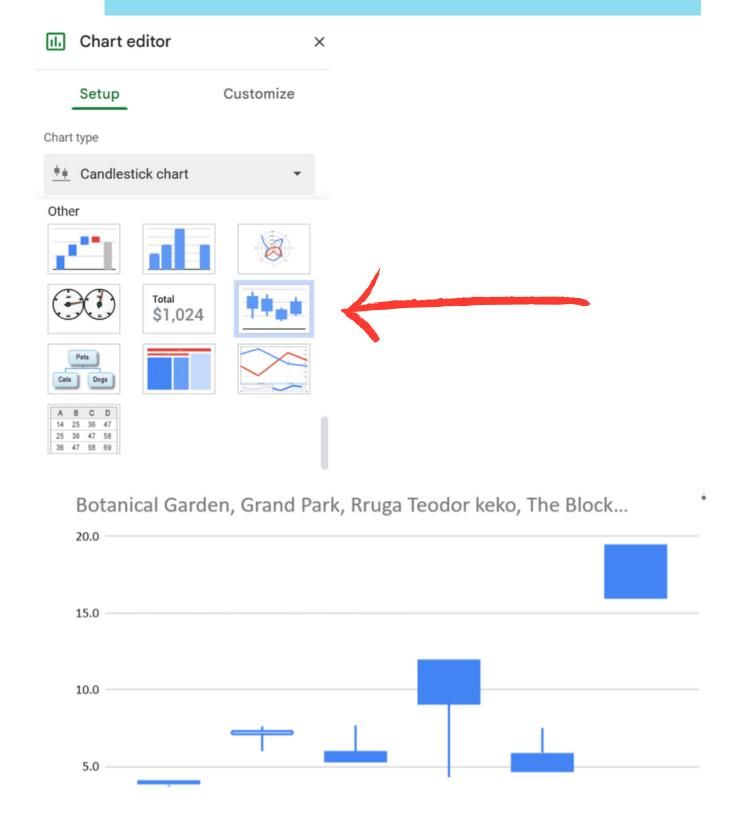
A box and whisker plot is a useful way to communicate both the average pollution in an area and the highest and lowest values in an area. In air pollution, this is useful to highlight the acute exposure risks in an area or location.

To make a box and whisker plot arrange the full data from the desired scenarios into a table as shown below. Select the whole data and insert a chart. Then in the chart editor menu select the candle stick style. Note that Google Sheets does not offer as much customizability as Microsoft Excel. If Excel is available it would recommended to make box and whisker plots there rather than in Google Sheets



1	J	к	L	М	N	0	Р	Q	R	s	Т	U	v
Botanical	3.7	3.9	4.0	3.8	4.0	4.2	3.8	3.4	3.5	3.3	3.6	3.1	3.1
Grand Par	6	7.3	7.1	7.6	6.7	6.7	6.7	6.7	6.1	10.7	8	8	8
Rruga Teo	7.7	5.3	5.9	5.5	6.0	7.1	6.6	8.7	9.2	8.5	14.4	12.7	8.7
The Block	4.3	9.1	11.9	11.6	11.9	11.4	14.9	10.5	10.2	7.8	7.2	13.6	11.5
The Main	5.9	4.7	5.8	7.5	6.8	10.8	11.7	6.1	5.3	10.4	10.6	10.2	4.7
The New I	16	16	19.4	19.3	24	27.2	19	17.6	17.6	17.6	17.6	17.6	17.6

Box and Whisker Plot



Grand Park Rruga Teodor keko

The Block

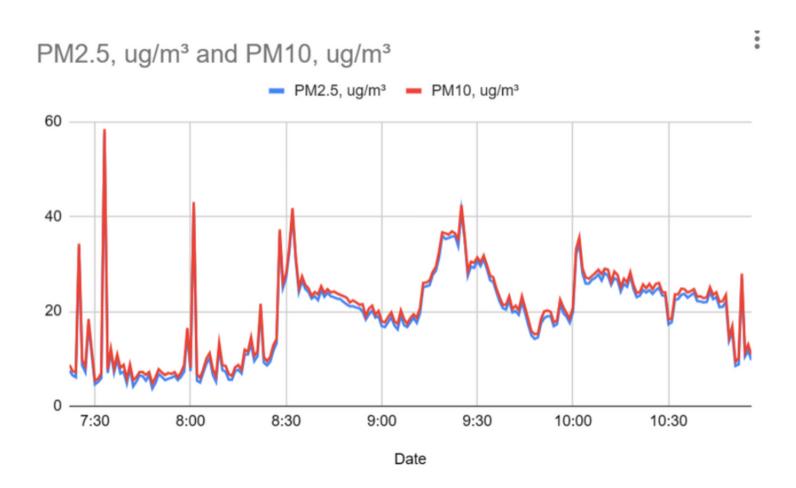
The Main Blvd

The New Blvd

0.0

Botanical Garden

A pollution over time graph is a useful way to show data from a stationary monitoring session, such as levels at a school during drop-off, or levels at a bus stop during morning traffic.



To make a pollution over time graph format the data as shown below, with one collum for time and a separate collum for each pollutant. It can also be helpful to only use time in the date collum. This can be done by entering the time for the first two data points, selecting both, and using the blue circle to drag down, automatically filling the boxes below it.

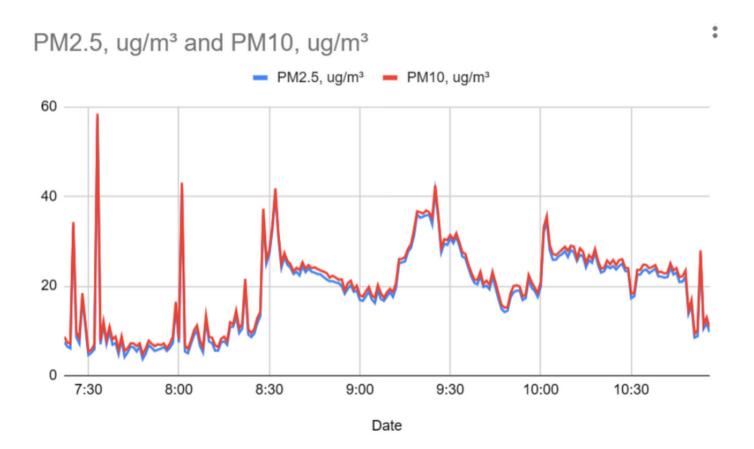
Т	U
Date	
11/21/2023 10:56	10:56
11/21/2023 10:55	10:55
11/21/2023 10:54	
11/21/2023 10:53	
11/21/2023 10:52	
11/21/2023 10:51	
11/21/2023 10:50	
11/21/2023 10:49	
11/21/2023 10:48	
11/21/2023 10:47	
11/21/2023 10:46	
11/21/2023 10:45	
11/21/2023 10:44	
11/21/2023 10:43	
11/21/2023 10:42	
11/21/2023 10:41	

After this Select the time and data and choose to insert a chart. From chart setting choose the line graph style. If it is not selected by default, set the date collum to be the x-axis of the graph. Now you can see how the pollution levels Vary over time to be able to see when areas are most and least polluted.

Т	U
Date	
11/21/2023 10:56	10:56
11/21/2023 10:55	10:55
11/21/2023 10:54	10:54
11/21/2023 10:53	10:53
11/21/2023 10:52	10:52
11/21/2023 10:51	10:51
11/21/2023 10:50	10:50
11/21/2023 10:49	10:49
11/21/2023 10:48	10:48
11/21/2023 10:47	10:47
11/21/2023 10:46	10:46
11/21/2023 10:45	10:45
11/21/2023 10:44	10:44
11/21/2023 10:43	10:43
11/21/2023 10:42	10:42
11/21/2023 10:41	10:41
11/21/2023 10:40	10:40

Т	U	V	
Date	PM2.5, ug/m ³	PM10, ug/m ³	
10:56	9.7	10.8	
10:55	11.7	13	
10:54	10.5	11.3	
10:53	26.9	28	
10:52	8.8	10.1	
10:51	8.5	9.4	
10:50	15.7	16.9	
10:49	13.8	14.5	
10:48	22.1	23.5	
10:47	21	22.2	
10:46	20.9	22	
10:45	23	24	
10:44	22.6	23.5	
10:43	24.1	25.1	
10:42	22	23	
10:41	21.9	22.8	
10:40	22.1	23.2	

After this Select the time and data and choose to insert a chart. From chart setting choose the line graph style. If it is not selected by default, set the date collum to be the x-axis of the graph. Now you can see how the pollution levels Vary over time to be able to see when areas are most and least polluted.



Final Result

More Resources

The Atmotube technical specification, and technical assistance

This site has a lot of technical information on the Atmotube Pro, as well as a question and answer section and information on getting further help.

https://atmotube.com/atmotube-support/atmotube-

https://atmotube.com/atmotube-support/atmotubetechnical-specification

Contact Atmotube

For further technical assistance or questions about Atmotube reach out to info@atmotube.com

More Resources

Monitoring examples, and recommendations

For detailed examples of how these monitoring techniques can be used, as well as recommendations for further projects, and strategies on using data to make change see the report created by the WPI EDEN Center group.

It can be accessed by searching "Monitoring Air Pollution in Tirana: A Citizen Science Approach" on the WPI Index

https://digitalwpi.wpi.edu/catalog? utf8= \langle &search_field=all_fields&q=Monitoring+Air+Pollutio n+in+Tirana%3A+A+Citizen+Science+Approach

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FEEL FREE TO EMAIL ANY OF US WITH ANY QUESTIONS!

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