

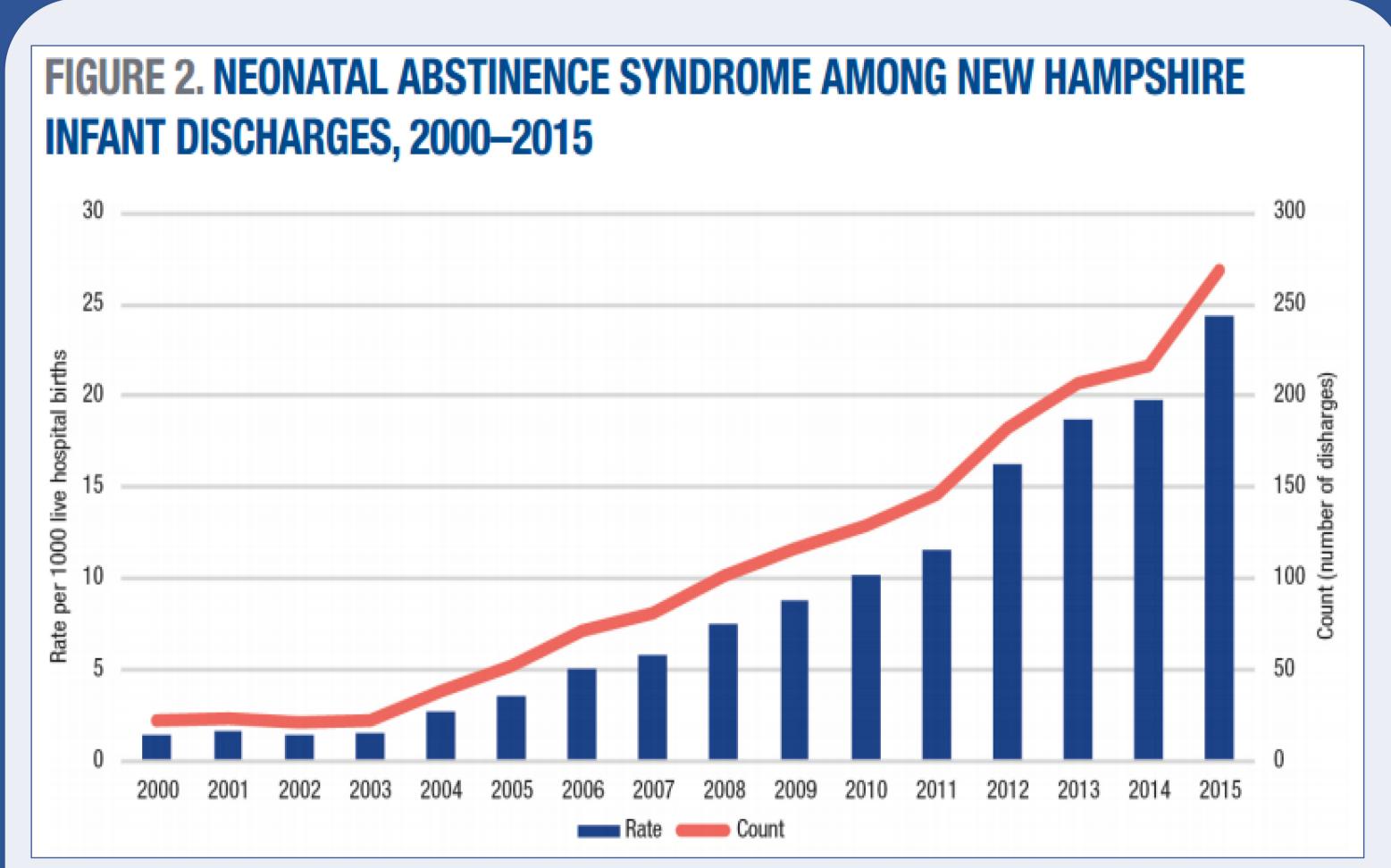
# Mitigating the Long-Term Effects of Neonatal Abstinence Syndrome



Eric Bormann (BBT/BCB), Larkin Jainschigg (BCB), Taylor Paradis (BME/ME) Advisors: Professor Elisabeth Stoddard and Professor Reeta Rao

Problem: Lack of Follow-up

### **Long Term Effects of NAS**



With an increasing number of children born with NAS in New Hampshire, an effective treatment regimen has been developed for infants, however, past infancy, there is no treatment in place for affected children.

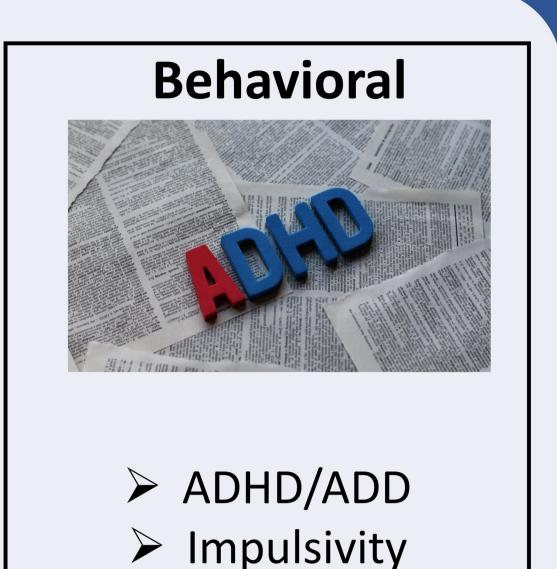
# Cognitive Poor cognitive skills

Poor perceptual skills Poor memory skills



Otitis Media Vision Strabismus

Nystagmus Cerebral Impairment



Hyperactivity Short Attention Spans

Our goal is to create a program that will diagnosis children with potential long-term effects of NAS and to provide support to children throughout their childhood.

#### **Proposed Solution**

We decided to pair biomarkers with in person check ups: While biomarkers help to flag children at high risk for potential disabilities associated with NAS, in person check up serve as early intervention by providing support for the child before the effects become too problematic.

Infant is born with NAS

A doctor is assigned to the infant and the family

In-person Check Ups

3-5 five years after the birth the doctor will 3 assess the child

Assessment will take place four to six times a year, every year

Infant is born with NAS

Blood is drawn to test for NAS specific biomarkers

Biomarkers

Results are analyzed

Biomarker testing is repeated every 2 years

## Implementation Strategy

**Step One** 

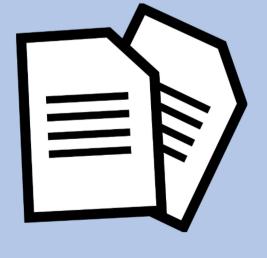
Research similar programs to find the best methods to track NAS affected children.

Find ways to fund the program and work out potential legal

problems.

**Step Two** 

**Step Three** 



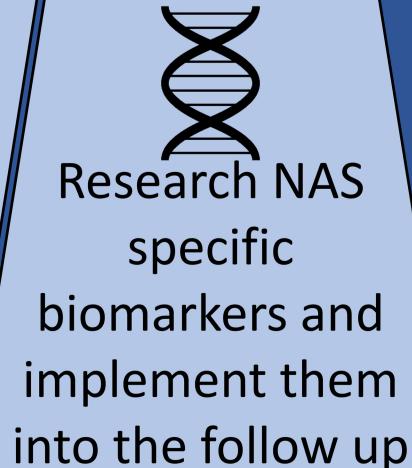
Create the federally funded program.

Hire workers and implement the program.



**Step Four** 

#### **Step Five**



Solution Assessment

Assessments will be done biyearly between the ages of 3 to 18 to moderate the success of the program. Success will be based of many factors including behavior improvement and test scores.

Image Citations: [Tree in Foliage]. (2016, March 18). Retrieved December 3, 2018, from https://uconn-today-universityofconn.netdna-ssl.com/wp-content/uploads/2016/03/fall131104c010.jpg "7 REASONS YOUR CHILD MAY BE HAVING TROUBLE WITH READING (EVEN WITH 20/20 EYESIGHT):" Crowder Eye Center, 22 Sept. 2017, www.crowdereyecenter.com/blog/2017/9/22/7-reasons-your-child-may-be-having-trouble-with-reading-even

with-2020-eyesight. [2 Years]. (2003). Retrieved December 3, 2018, from https://www.timeshighereducation.com/news/two-year-degree-cohort-still-below-2002-03-levels/2007169.article

program.

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References: Smith, K. (2017). As Opioid Use Climbs, Neonatal Abstinence Syndrome Rises in New Hampshire: University of New Hampshire: Carsey School of Public Policy. https://scholars.unh.edu/cgi/viewcontent.cgi?article=1330&context=carsey (2016). Long-Term Outcomes of Infants With Neonatal Abstinence Syndrome. Seattle Children's Hospital Research Foundation. https://www.seattlechildrens.org/healthcare-professionals/education/continuing-medical-nursing-education/neonatal-nursing-education-briefs/long-term-outcomes-of-infants-with-nas/