

Understanding the importance of sports and physical well-being is vital for leading a healthy and balanced life. The Namibia National Olympic Committee (NNOC) aims to educate Namibian youth on the Olympic values of excellence, friendship, and respect. Our WPI IQP team customized the Olympic Values Education Program (OVEP) by conducting interviews and observations to suit diverse Schools across Namibia. This video serves as our deliverable for our project and for the use of the NNOC.

Youtube Link: [The Olympic Values Education Program Namibia: A WPI IQP - YouTube](#)