

# 6 HELPFUL MOBILE APPS FOR TECH CONNECT SENIORS

Apple Maps is a built-in app that plans travel routes to attractions or important places with step-by-step directions.



Lumosity is a free app that offers challenging puzzles and brain teasers to keep the brain active.



Old Time Radio 24 offers seniors 35 radio stations that play music from the 1920s through the 1970s.



Zoom is a video conferencing software that allows people to stay connected.



Facebook is an online social media service that allows users to interact with each other over messages.



The AARP app provides the ability to participate in online lessons and workshops about safety issues.



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