

Sex Education in New Delhi, India: Lessening the Prevalence of AIDS

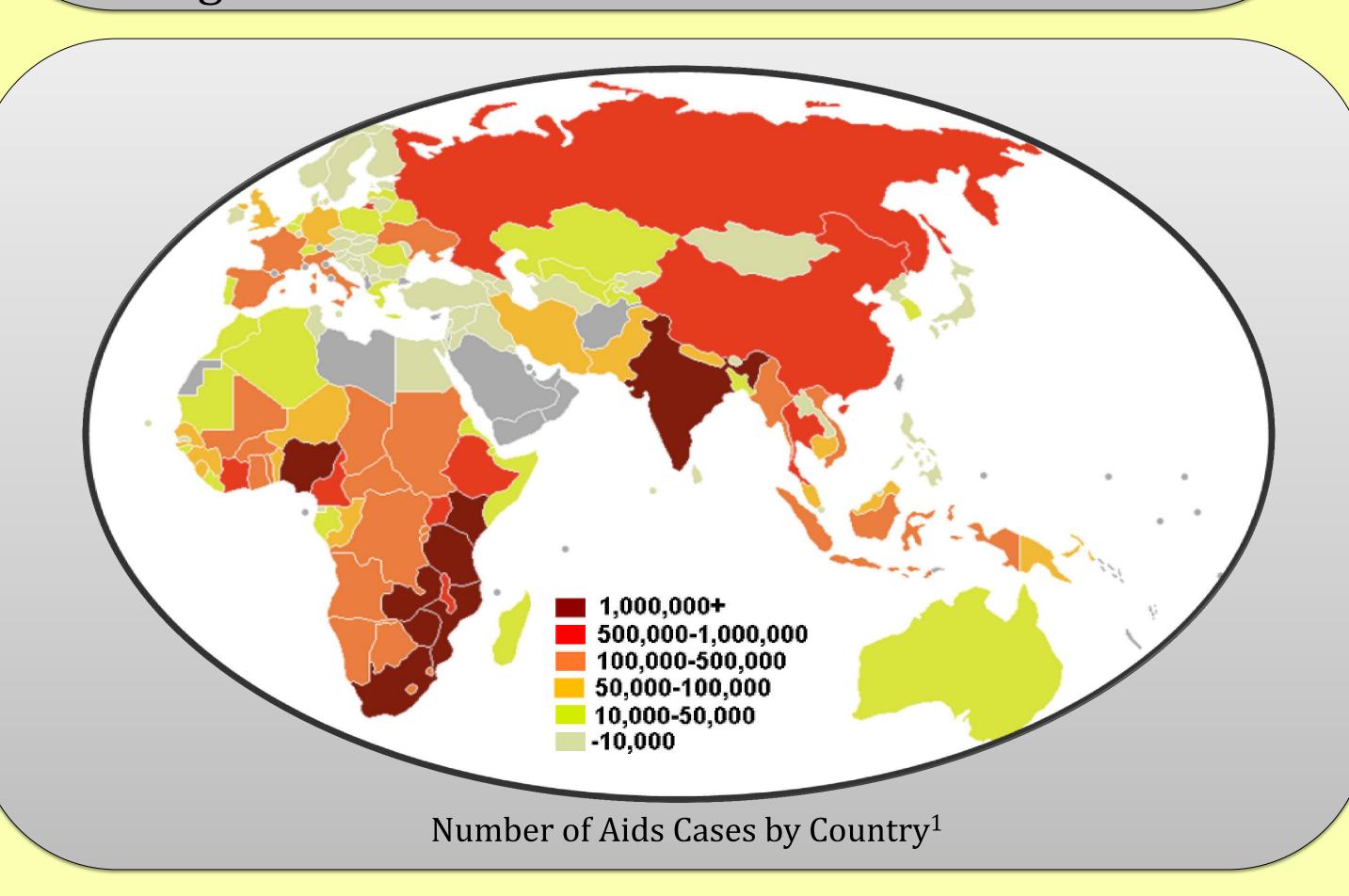
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Abstract

In much of India, that many students lack knowledge of basic sexual topics and STDs, such as HIV/AIDS. To help reduce the lack of knowledge in Delhi, India, we implemented an education program that informs teachers how to educate students about sexual topics. Our education program, modeled after a program run by UMEED, was effective in educating teachers about what their students know about topics relating to sex and made the discussion of sexual topics more comfortable.

Background

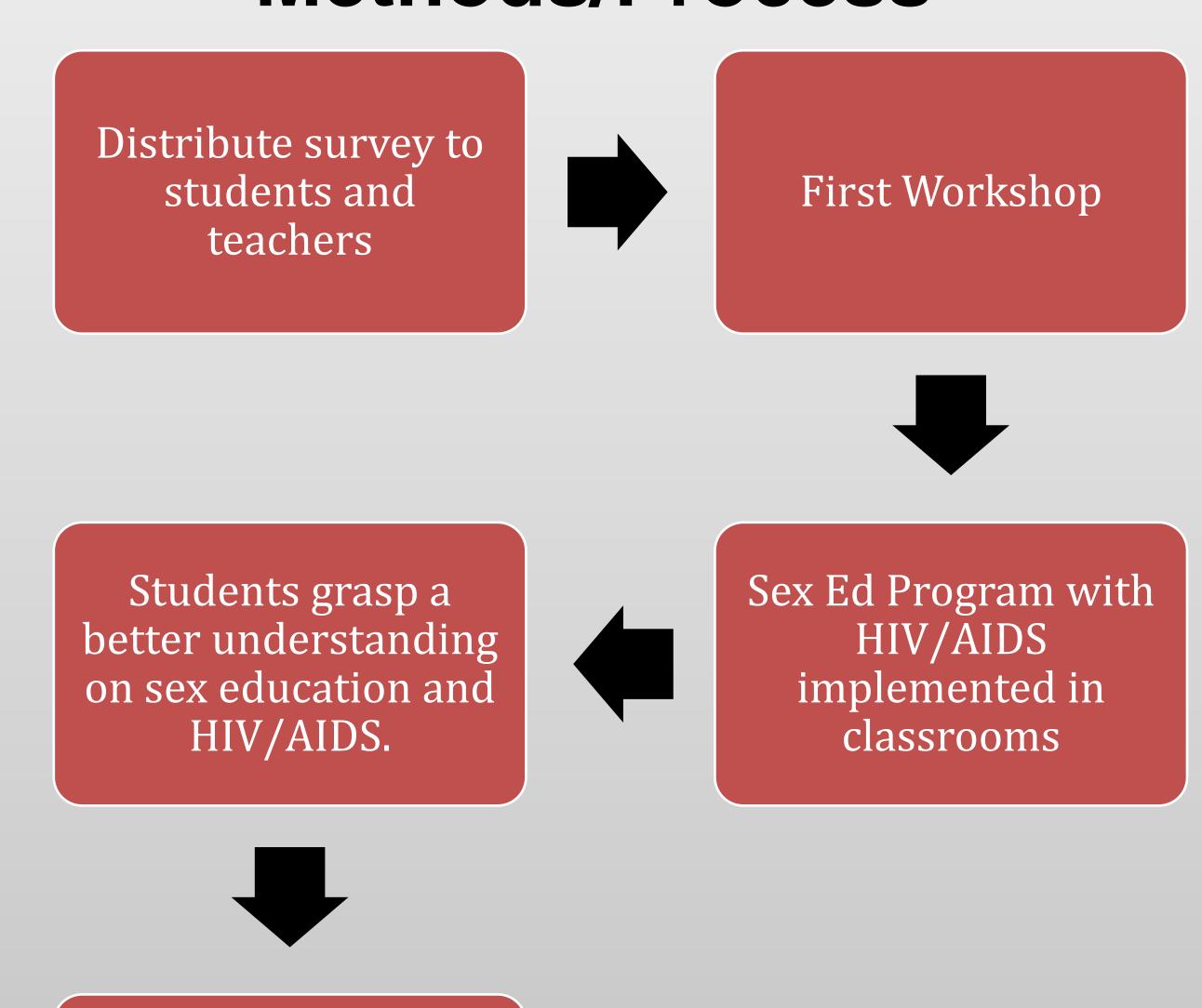
- 35.3+ million people are living with HIV/AIDS worldwide and 2.1 million of those are children aged 10-19 years old.⁴
- India currently has a general policy looking down on sex education for fear of corrupting young minds, but some progress has begun to take place.²
- A group called Team UMEED has already put on a workshop to teach educators how to inform students on topics relating to sexuality in another region of India.³



Project Goals/Objectives

- Increase knowledge of topics relating to sexuality among 13 year old students in New Delhi, India.
- To educate teachers about effective ways to educate their students about topics relating to sexuality.
- To decrease the prevalence of HIV/AIDS in New Delhi, India.

Methods/Process



References

- 1. "Delhi State AIDS Control Society." Delhi State AIDS Control Society. Government of NCT of Delhi, India., nd. Web. 20
- Report on the Global AIDS Epidemic. Rep. UNAIDS, Aug. 2008. Web. 8 Dec. 2013.
 Priya, Salony, Piya Nandi, and Mou Chetterjee. Empowering Educators on Family Health Education to Deal Effectively

HIV/AIDS cases in

young adults goes

down

- with Sexuality Issues with Adolescents. Rep. Umeed, n.d. Web. 17 Nov. 2013.
- 4. "10 Facts on HIV/AIDS." WHO. World Health Organization, Nov. 2013. Web. 17 Nov. 2013.

Main symptoms of Acute HIV infection Systemic: - Fever - Weight loss Pharyngitis Mouth: - Sores - Thrush Esophagus: - Sores Muscles: - Myalgia Liver and spleen: - Enlargement Main symptoms of Acute HIV infection Central: - Malaise - Headache - Neuropathy Lymph nodes: - Lymphadenopathy Skin: - Rash Gastric: - Nausea - Vomiting

Conclusions and Results

- o"Sex Education session with all teachers in our school is need of the hour," Manisha Paul."3
- o"'I must say that I am really satisfied with both the days of the workshop, so I have no suggestions,' Anindya Banerjee."³
- •"...Still there is room to know and empower ourselves. Looking forward to more such session,' Murchhana Ghosh."³



